**Bringing Creativity to the World**

Want to get involved in the creative industry and make money without... creating?

- Museums, galleries, theatres, dance and music venues, fashion shows
- Large organisations in micro-businesses (self-employment or SMEs) supporting your own creativity, managing your own artwork, a band or working freelance
- All areas of creativity, ranging from visual art, popular and classical music, theatre, dance, including aspects of film, software and digital industries

... then an education in Arts Management could help you to make the best of both worlds.

**Arts managers or entrepreneurs, you could:**

- Work in museums and galleries, manage artist or work in publicity, marketing or education
- Become a talent agent, involved with managing artists, actors, musicians, etc.
- Manage staff at a theatre/music production house or film company
- Be a fundraiser at NGOs, non-profit agencies or government agencies
- Become an event manager involved in ticketing, advertising & communication

**What does Arts Management teach you?**

A degree in Arts Management will give you the tools to support creativity and equip you for working life in the cultural and creative industries, with a specific focus on working in and managing the arts.

Arts Management reconciles both disciplines with potentially opposing objectives. An Arts Manager supports the artist’s creativity and their freedom to express themselves, and at the same time, is concerned with the practical aspects of running a business with these skills being critical:

- Business funding systems, cost control, planning,
- Management and finance, project management,
- Marketing and audience development, fundraising, events management

All of these skills are not only essential for Arts Management, but they’re also very transferable to many other Industries. To thrive in the arts world, you should:

- Have a love of the arts and culture
- Be organised and detail oriented
- Be able to balance creativity with business constraints

**Why Goldsmiths?**

Goldsmiths is one of the only UK institutions to offer Arts Management at undergraduate level, making it very unique. The course teaches fundamental arts management skills with a wide variety of module options covering key theory and practice from departments including Music, Politics, and Theatre and Performance.

This programme is taught through scheduled learning – a mixture of lectures, seminars and workshops – where you’ll undertake a significant amount of independent study to prepare for discussions, and produce essays or project work.

A substantial part of the programme is taught in partnership with international, regional and London-based cultural organisations for a direct professional experience.

Goldsmiths is internationally known for creativity and innovation, and a reputation backed up by over a century’s membership of the prestigious University of London. Located in New Cross, South East London, the College is friendly and vibrant, and proud of its diverse student population. Many of Goldsmiths’ graduates go on to pursue employment at organisations like the Tate, Royal Opera House, and Samsung.

**LARGE AND IN CHARGE**

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**REGULAR STUFF**

Exploring Singapore

**Contributors (ad-hoc)**

We are always open to contributors who want to polish their writing skills, or simply want to get their work out there. You can even write for our website blog. Feel free to just drop us a line if you want to be a contributor. We will, however, have to meet you first in order for you to know some guidelines (yes, we have some) for our contributor programme.

Interested? Send us your CV and portfolio (if you have one). Don’t be scared – we don’t bite. Apply via email to interns@campus.sg.

**Check out Goldsmiths’ BA (Hons) Arts Management programme here:**

www.gold.ac.uk
HUSTED
WHAT WE THROW AWAY IN THE 21ST CENTURY

BY VIN LOON

Most of us today wear clothes from fast fashion labels. Its attractive price point encourages frequent buying and discarding. Fast fashion focuses on low costs to deliver frequent new collections to the masses, but the process leaves us not only exploited, but also harmful chemicals and materials that pollute the environment.

With so much clothing being produced, unsold stock turns to waste. HM simply sends them to a Swedish power plant to be incinerated. Burberry burned almost 12,000 tons of unsold stock in order to "protect the brand's exclusivity and value," according to group. Fashion Revolution describes landfilling and burning as fashion's "darkest open secret." 

Singaporeans threw away more than 16,000 tonnes of clothing last year, and according to Channel NewsAsia, we buy about 144 pieces of new apparel and discard about 27 items of clothing per year. According to an advocacy group of consumers, many of our creations are made of materials that are flammable and hazardous to the environment.

Fast Fashion Faster Waste

Fostering Food Waste

The recent bumper crop of durians saw people getting their hands on them for free or at cheap rates, but not all the waste is handled that way. According to NUS Resource Efficiency Ovaltine, 40% of the total food supply is wasted, according to Natural Resources Defense Council, destroyed by farmers in order to regulate prices, overproducing food generates 2.5 billion tonnes of greenhouse gas per year. More than 40% of food is rejected by consumers.

Unlike fashion, food is an essential part of life, and with the rise in prosperity across much of the world, this has led to excess food, and food waste. In the past decade, food waste in Singapore increased by 9%, with almost 30,000 tonnes generated in 2016 alone.

When buying food from supermarkets, we tend to avoid imperfection-likeenny carrots or yellow cucumbers, fresh produce accounts for 80% of all food waste, due to fear and culpability, which prohibits supermarkets from donating them.

For some people, food items simply sit in their cupboards or refrigerators past their use-by date, contributing to about 2.1 kg of food waste by an average Singapore home each week, according to NUS.

A list of don't finish our meals - blame it on food portions (if you don't eat much) or cheap food prices (we can afford to waste). Even if that spirit of parsimony you don't reach for food waste. At least when eating out, we don't have to contend with waste from food containers.

With the rise of takeaway foods and delivery services, the disposables - from plastic containers in bamboo chopsticks - contribute to over 21,000 tons of waste in Singapore per year. Even if the disposables are recyclable, many of us only actually clean them and put them in the right bins.

We have left the plastic in our own takeaway boxes - break down millions of pieces of which are sometimes ingested by multiple marine organisms, leading to ecological effects both on the organism and humans who consume them.

Smartphones not smart waste

What does this mean?

Many of us applaud possessive other wardrobe full of clothes we don't wear, or owning the latest phone while a functional older one is gathering dust. All this leads to waste - but some of this can be stemmed. We can resist buying the latest products simply because of slick ads or peer pressure. The old adage still works: buy what you need, not what you want.

By doing so, we can hinder our own contribution to waste.

But that's not all we can do. As consumers, we stop waste from the production line. Consumerism drives the value and actions of industry. Our market size is in the billions, making fashion's "darkest open secret."
Boys Don’t Cry

Toxic masculinity in boys and men

The idea of “toxic masculinity” is often confused with masculinity itself—being male. This belief is certainly misguided and is sometimes considered as an attack on all men. Toxic masculinity is not the concept of being male; it’s a behavior that exaggerates or minimizes the idea of masculinity by encouraging aggressiveness and blaming sensitivity or feminine behavior.

“Boys should only play sports.”

“Ball is for girls.”

“You look like a girl in pink.”

These sound like extreme comments uttered by boys and men alike. This is the worst of all.

“Boys don’t cry.”

Unfortunately, a lot of boys are encouraged to fit into a defined perception of masculinity. They are told they are weak if they don’t stand up for themselves or if they express their emotions. This belief is harmful and affects their mental health.

Better Out Than In

Society gives boys all kinds of cues as to what’s considered masculine: even parents and teachers will encourage them to stand up and “man up.” Boys from very young ages are given cues that being aggressive, loud, and controlling is part of being masculine, but not for displaying emotional behaviors. But as a growing child, you can’t do it all to be a “man” and express your anger and sadness, and depression as they grow up.

In interviews conducted by the New York Times, several men opened up about how they were constantly judged for not playing up to stereotypical masculine traits. They faced constant bullying by others who considered themselves more masculine. They felt bodily discomfort by boys who considered themselves more feminine.

Toxic Mentality

Both men and women are guilty of spreading toxic masculinity by perpetuating the male stereotype. It can only stop when we as a society work together to end it. It’s a battle that we must all fight.

Once these boys grow up, they are afraid to ask for help for emotional problems as they fear that it signals weakness. Justin Baldoni mentioned in his TED talk that he knew a “man who would rather dic than tell another man that he’s hurting.” While some men grow up to be kind, caring, and friendly, many still have a tendency to suppress their emotions, and fear and never share this with their friends or loved ones.

Talking Body: Body ideals over time

Evolution of the female body shape

Venus figures from the Upper Paleolithic era portrayed round, pear-shaped women’s bodies, with large breasts. This was considered the epitome of perfection, simply because women were seen as having an advantage in reproduction, fertility, and sexual desirability. Today, in the age of social media and plastic surgery, the so-called “ideal” body image is more important than ever.

What about the men?

Just as the idealized images of women in the Stone Age, men were seen as successful because they had frequent access to the agriculture that sustained them.

The ancient Greeks, however, had completely different ideals. Similar to figures we see plastered on billboards and magazine covers today, their ideal man was muscular and lean, just like today’s standards. They transitioned to what was considered the ‘ideal’ body in the late 1800s and 1900s, where a big belly was considered attractive. The Fat Men’s Clubs were established in America. Meanwhile, in Asia, fat bellies were seen as a symbol of status and wealth.

Years later, Hollywood films shaped the ideal form of men into swells. Then the 1950s saw androgynous symbols such as David Bowie and Mick Jagger, who set the way for thin, lean men to become societal standards. Then the 1980s saw the resurgence of the Greek ideal, where hard-bodied men Shannen Doherty defined the macho ideal.

All in all, neither sex was spared the pressures of adhering to the ideal body.

Body image issues

So what does this tell us about our obsession with the ideal body image? Ultimately, it all boils down to challenging society’s standards and coming to terms with the fact that everyone is and will always be different. Androgyny is about embracing body diversity and the beauty that comes with them all.

Fortunately, today, we live in an era where the media is beginning to embrace and celebrate the diversity of every race, skin color, and body type. To make things even better, we ought to start cultivating the truth that perfect bodies are an illusion because everyone is born different. And since the ideal body image has changed so much over time, it just reinforces the belief that they are simply temporary.
WHAT IS CRISPR?

There are plenty of websites and videos that can tell you about CRISPR. But if biology isn’t your strong suit, chances are you’d be confused out of your brains even before the first minute of the video is up.

So here’s an idiot-proof explanation of CRISPR:

Simply put, CRISPR is like a gene surgeon, and it operates on certain sections of our genomes. Genomes, which are also called “genetic material” that describe how our body is made (i.e., they determine your eye colour, height, and more importantly, note any genetic diseases that you might have, such as autism or even cancer).

Our genomes are made up of strands of DNA (deoxyribonucleic acid) — molecules which act as the instructions to complete the encyclopedia. CRISPR is armed with a protein called Cas, which is like a molecular pair of scissors that can cut through DNA strands to find specific places to snip off and alter. It knows where to snip thanks to an RNA (ribonucleic acid) protein that guides it to the correct portion of the genome to modify. This RNA guide can easily be created by scientists.

TOWARDS A CRISPR FUTURE?

In light of this scientific breakthrough, hopeful scientists can now work on “cold case” diseases that were deemed incurable in the past. But an CRISPR continues to be studied and developed with the goal of commercialization, which is the main concern of many, with the majority of them rejecting CRISPR for going against nature.

Just as some modern medical and cosmetic treatments are only affordable to the rich, CRISPR would probably be too. The most controversial issue is the possible risk of designer babies — embryos customised according to their parents’ liking. This means that even though you and your spouse have brown eyes, your baby can have blue ones. While you’re at it, what an ideal physique, maybe even super intelligence!

In the long run, designer babies can only mean a widening income gap and the prevalence of a caste system between the rich and poor. The poor, who are not able to afford such treatment, will always be losing out to a super intelligent, genetically-modified super breed born by the rich. If the world’s poorest had even the slightest chance of breaking out of their cycle of poverty now, they can kiss their hopes goodbye if designer babies do indeed materialize in the future.

This is only the start of a landslide of problems — anti-aging, an army of Captain Americas… CRISPR could potentially open Pandora’s box.

PRO-CRISPR

On the other end of the spectrum, it would actually be unethical to not use CRISPR because you would essentially be depriving thousands around the world of the cure to their suffering. From milder conditions like colour-blindness to fatal ailments such as cancer, whatever disease stemming from one’s genes can potentially be cured using CRISPR. It’s like a vaccine for genetic diseases — and it could be made for the masses.

Is withholding an antiviral really the lesser of two evils, especially when we have integrated other genetic engineering technology, such as GMO foods and In-Vivo fertilization, into our daily lives? Perhaps with the same proper regulation, CRISPR can turn out to be more of a boon than a bane to our society.

There are plenty of knobs and dials of CRISPR waiting to be found and understood — some not even recognized yet due to the early stage of this world’s venture into an unknown area of science — before it could be used to better our lives.

Nevertheless, it is undeniable that many doors of opportunity have now opened thanks to CRISPR. But perhaps the discovery of this awesome technology can open too many doors for us to handle. Maybe movies like Contoll and X-Men do hold some truth — meeting with Mother Nature is never a wise move, lest we trigger a series of new genetic mutations.

I am a feminist.

The second I say this, I can hear the judgemental and confused voices of people, questioning my choice and calling me a “man-hater”. I’ve confused people before and have gotten the whole idea behind the word wrong. Let’s look at the definition of feminism:

The advocacy of women’s rights on the ground of the equality of the sexes.

Feminism fights for equal rights and personal choices for both women and men, because we feel they are connected and women cannot get their rights if men don’t get theirs. Here are some misconceptions of the word:

Why do feminists hate men?

We don’t hate men! We might just teach the misogynistic ones a lesson. But it’s not hate. Any kind of movement or group, even religious ones, have extremists or radicals who misinterpret the ideology and convert it into a destructive force. Feminism has its bad people too. It’s a huge movement with supporters all over the world and everyone interprets the meaning differently and propagates it in the way they deem fit. As such, “man-hating” isn’t accurate but it’s their take on the subject and the real feminists can only do to them in their power to cut them off.

There are notable feminists like Ellen Page, Malia Yafayeşt, Gloria Alford, Joseph Gordon, Gloria Steinem and Emma Watson. Listen to them speak; that’s feminism.

How is it different from Gender Equality?

This is the most common question and some people find it to be a truly odd question. It’s hard to explain.

Gender equality means that women and men and boys and girls enjoy the same rights, responsibilities, opportunities and protections. It does not require that girls and boys or women and men be the same or that they be treated exactly alike as mentioned by UNICEF. It ties you to give you the same chances, but not choices.

Feminism does that and more. It accepts that women can be “truly and men can be feminine.” Feminism wants to shatter the foundations of gender inequality, not scratch the surface. Gender equality establishes that there are male and female, and merely gives them the same tools. Feminism encourages them to break their traditional roles and stereotypes.

Feminism is about liberation. Freedom of choice for both women and men. If anything, we love men, not hate them, and this is a fight for the both of us. Feminism wants people to be accepted for who they are and how they choose to be. It is a concept not everyone understands and hence, if we use the wrong source, it is indeed misleading.

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MORE THAN LEAKED SECRETS

Revenge Posts

BY RACHEL LIM

Just gone through a bad break up? You better watch your back if your ex is the vengeful type and has pretty earn compromising photos of you.

Revenge porn is the worst kind of revenge. Also known as sextortion, this low act refers to the distribution of sexually explicit images or videos without the victim’s consent, usually by one’s ex-romantic partner, done fully out of spite after a bad break up.

Unfortunately, it is a growing phenomenon often used as a means to blackmail individuals into continuing a relationship, or simply just to ruin the victim’s reputation out of spite.

This form of cyberbullying is on the rise, and it isn’t going to stop thanks to our love of taking photos and videos of everything we do.

THE NASTY ARCHIVES

Many celebrities have born the humiliating brunt of revenge porn — Rihanna, after she broke out of her abusive relationship with Chris Brown, and who can forget Kim Kardashian’s sex tapes? The most recent case of sextortion involves David Martinez, a US local council hopeful who posted helpless photos of his estranged wife on his official campaign blog in mid-July this year. He did it to get back at her for filling a restraining order against him for abusive behaviour.

If you think that the conservative nature of our country has exempted us from this issue, think again.

The leaked nude of Singaporean influencer Christabel Choo (better known as @belovedively on Instagram) just this April were allegedly revenge porn. The videos and photos of Christabel and three other girls came from a phone belonging to Joal Ong, Christabel’s influencer ex-boyfriend. In total, a staggering 2GB of explicit data were circulating online on content-sharing sites like Tumblr. Some were even spread through Whatsapp.

WHERE IT ALL BEGAN

The term “revenge porn” was made infamous back in 2010 by American internet entrepreneur and convicted cybercriminal Hunter Moore, whose website is Argus Up gained international attention as a levied platform where vengeful ex-boyfriends posted their ex-girlfriend’s nudes to shame them. The website was taken down in 2012 but people had already gotten a sinful taste of revenge porn and thus the term and act has prevailed to this day.

UNKNOWINGLY VICTIMISED

If the media covered every time they caught a whiff of revenge porn (of any subject) being circulated online, we’d be getting thousands of reports a day. Some victims may not even know they have been exposed — literally — online because of the vast terrain of the internet.

It certainly was the case for Christabel and Joal. According to her open letter, after her private videos — taken during a committed four-year relationship — flooded the internet, an influx of lewd messages poured in. She claimed the videos were leaked via an anonymous source, although some Internet users pointed fingers at Joal, who claimed that his phone was hacked.

No matter who the source was, Joal has since deleted all his social media accounts and literally disappeared from the internet overnight. Being a successful influencer himself, it’s clear that all that hate he’s been getting has affected him just as much.

This case proves that cyberbullying doesn’t just affect the victim in the videos — it can affect everyone else, including friends, family, and clients who have been sent angry messages through this saga. After some silence, Christabel finally opened up about feeling “cut off, violated, and humiliated”, and the internet — once a platform for her to spread joy and happiness — became a major source of “pain and torment”. It’s another example that shows how far the internet can go to bring someone to their knees. Those who affect people like Christabel, it’s their lifetime.

The online community was not sympathetic either, given how many of them left comments like “who asked him to let his friend see these in the first place?” and “serves her right is she should’ve seen it coming” on forums such as Hardwarezone.

DEFENDING THE DEFENSELESS

The increasing prevalence of revenge porn all over the world has finally gotten the attention of the authorities and hence, laws have been set in place to punish spatial evils.

In Singapore, the maximum penalty for electronically transmitting obscene objects can warrant a jail term for up to three months and/or a fine. Even installing a

woman’s modesty, which revenge porn certainly does, and criminal intimidation can send the guilty party to prison for a maximum of two years with a fine. In addition, anti-social acts such as cyber harassment are illegal and those found guilty can be fined or jailed up to a year.

In Singapore last year, a revenge porn victim had reported the release of her nude photographs on Tumblr by an angry ex-boyfriend. The 22-year-old man was then sentenced to jail for four weeks following the court proceedings which concluded that what the criminal did was a “violent act.”

A NO-WIN SITUATION

The damage of revenge porn is irreversible, given how “juicy” content spreads like wildfire on the internet. Many culprits have gotten away scot-free because their victims are simply too ashamed to tell about allowing their partners to even view photos of them in the first place, much less file a police report. They’d rather just sweep the whole humiliating debacle under the carpet and pray that nobody related to them ever unearthed these dirty little secrets.

While there’s often nothing victims can do to prevent photos from leaking, companies like Facebook are trying to help potential victims recover their leaked photos. Incidentally in order to do that, you upload your nudes so that they can find and remove any compromising photos that might end up on Facebook. Imagine the large scale revenge porn episode that will ensue if their database gets hacked, or even sold. Count me out, Facebook.

So a word of advice for adventurous couples out there: even if you store your deeds on your own phone or cloud, they can always be hacked by a stranger. Better yet, don’t film it at all — if you’re not comfortable with the potential repercussion, no matter how much you’re into your bare or how much you want to shed your inhibition, be firm about saying no.
DON'T TELL YOUR MOTHER,
...BUT WE ALL KNOW THAT GOING BACK TO SCHOOL DOESN'T MEAN HITTING THE BOOKS ONCE AGAIN—WELL, NOT IMMEDIATELY. AT LEAST, BACK TO SCHOOL MEANS REUNION DINNERS, INSTANT NOODLE SUPPERS, AND IF YOU STAY IN A DORM, INSTAGRAM-WORTHY THEME PARTIES!

THE ULTIMATE FEAST

If you think that Qoo10 only sells fridge products and electrical appliances, you're wrong. You can now dig into all your favourite Singaporean dishes such as chilli crab and fish head curry, without even taking a step out of your air-conditioned dorms thanks to Qoo10's same-day delivery services.

TZE CHAR IN BED

Longing for a scrumptious Tze Char dinner but too lazy to walk out and find a seat in the busy hawker centres? Qoo10 can now bring your favourite salted egg yolk and siew pan tofu right to your dorm.

INSTANT GRATIFICATION

New year, new you! Forget about plain old chicken noodles and kick-start your school term right with exotic instant noodle flavours such as Cheese Rice Ramen and Tom Yum Kang Oyster. Or if you’re into escapology, you can try the Hot and Spicy Instant Glass Noodles with Real Smell Powder!

FORTHETGRAM

Every back-to-school party does not only include catching up and good food. You need an Instagram-worthy group photo to post at prime time (aka 7pm). What better way to get one with your squad than to have a themed costume party?

DELIVERED TO YOUR DOORSTEP!

The hassle of gathering supplies for the most legendary back-to-school party you can ever imagine is going to be tougher than your obligatory mid-terms.

First not — Bank of China’s Qoo10 Platinum Mastercard comes with instant delivery for your party needs. Plus, you get supplies delivered to your doorstep!

OURIAN DELIGHT

You no longer have to pretend to ignore the dirty looks from old aunty on the MRT as you lug 5 kilos of durians back to your dorm. With Qoo10, indulge in the King of Fruits, delivered right to your doorstep, already de-seeded and packaged perfectly.

Pineapple Tarts (20 pcs)
Retail: $28.90

5 FAX CARDS IN A BAG

Time to get your fingers dirty with a bag stuffed full of steaming hot Bri Lankan Curries, prawns, masala, and dimsum dressed with a sweet chilli sauce.

SIN FU GE CRAB IN A BAG Imperial Pot Retail: $38

OUTRAGEOUS INFLATABLES

Before the holy war, you worked hard for your beach body. But your holiday habits have dragged you back to square one. First not, for these inflatable costumes cover absolutely everything. Look absolutely yummy in a Turkey inflatable costume or stand out in a T-rex costume.

ROADABLE ONESIES

In light of the recent emergence of onsen, you can buy anything that Qoo10 has one of the most extensive — and reasonably priced-range of onsen costumes than any other website.

SPECIAL OFFER

The BOC Qoo10 Platinum Mastercard for students lets you earn the highest rebate for online shopping & everyday spend!

**UP TO 10% CASHBACK**

when you refer a friend

**UNLIMITED REBATE**

for dining

Apply today and enjoy exclusive launch offers:

SMS BOCCARD<space>-<space>QOCM<space>-<space>NAME to 79777

Or visit www.qoo10.sg/BOC to apply

*Terms and conditions apply, visit www.qoo10.sg/BOC for details.
Materialism: Youth's Happy Pill

By Valery Thong

Hipster clothing, smart gadgets, travelling abroad at least twice a year – today's youth are embracing materialism more than any generation has previously. Buying, owning, and having more money – this is a typical teenage dream. Why is this generation so obsessed with material wealth?

Can Money Buy Happiness?

When we own things that others may not have or can afford, we feel good. That “feel good” seed starts to manifest and grow until we find ourselves addicted to that feeling, and with buying things. Even though that euphoria will only last a couple of days, we consider these material goods and physical comforts an integral part of life. Things that we ‘want’ become ‘needs’. Possessing material goods starts making you happier because you’ve attained your dream of owning Nike’s Flyknit ‘Cookies & Cream’, just like the rest! You can feel confident among peers because you own something in common.

It soon becomes a never-ending cycle – like drug addiction, it can be dangerous. You may find yourself having low self-esteem when you are unable to buy things to fit in. This could potentially lead to more serious repercussions such as depression. The fundamental concept of “warning” what you get or realising an item as something you don’t need to have disappeared from many people.

You can own a Maserati, a Porsche or a Rolls-Royce, and live on Nassim Road but you’ll never be truly content because you can’t stop comparing with others.

Who’s to Blame?

Materialism in youth did not appear out of nowhere. We could perhaps blame advertisements for brainwashing us into thinking we need to keep up with trends and own the latest items we don’t need. Or you could blame your “best friend”, social media, as you compare what you don’t have with your peers, pushing you to buy more to show off and feel better about yourself. Or you could blame the innate desire to indulge in your shopping addiction – there is really just one answer or side factor contributing to materialism in youth today.

It is easy to fall prey to the materialistic trap because of our society’s persistent culture of “buying more”. To remove yourself from this trap, try to avoid falling to peer pressure and advertisements, and socialise with as many social classes as possible so you can appreciate a broader definition of ‘value’. The challenge these days is to pursue a life of greater value – a life not defined by possessions but by actions.
Disabled girls raped in Rai home of horror

Crippled Law

The law enforcement system is riddled with corruption and slow. Many women who fall to the sexual abuses commit suicide out of shame. There are no proper cases filed and even when the women come forward, the girls are not believed. Usually, the girl would be silenced, saved, or in a situation where the girl was claimed, the girl was not believed. Thus, the women who come forward are usually not believed and the cases are often dropped.

Slapping women’s rights to remain without harm

Out and About

FILM AND TELEVISION

Hollywood has been working in it’s film since the beautiful female leads. Hollywood is known for its beautiful female leads, but in India, the female leads are not always appreciated. Women are still struggling to get equal representation in the industry.

BLAMING THE VICTIM

This is the most common problem in the country. Everyone, from politicians to media, are quick to blame the victim. It’s a common occurrence in the world, and it’s important to remember that women are not the problem. Women are not the ones who cause these issues. They are the ones who are affected by them.

Production

Venom

(4 October 2018 - TBC)

Cast: Tom Hardy, Michelle Williams, Riz Ahmed, Scott Haze

This highly-anticipated Marvel film stars Tom Hardy as Eddie Brock (also Venom). Brock, a journalist, comes in contact with an alien symbiote called Venom. In order to save Brock, the symbiote takes over his body. Together, they must stop the evil aliens that are threatening the world.

30 August - 9 September | 7.30pm

Fort Canning Green

Standard Ticket: $8

Ballet Under the Stars

Under the enchanting cover of trees and stars, enjoy a weekend of classical works by George Balanchine and Edward Villella. And another featuring the compelling works of renowned European choreographer and dancer princess, Christiane Beck, in celebration of the People’s Dance Theatre’s 35th anniversary. Tickets via K12TCC.

MOVIES

EduTECH Asia 2018 Expo

Asia’s largest education expo is back for its 15th edition. Featuring cutting-edge technology and advancement in the field of education, EduTECH Asia 2018 Expo offers a platform for educators, students, and parents to connect and learn about the latest in education technologies and methods.

OUT AND ABOUT
THE LIST
THE WORLD'S MOST ENDANGERED ANIMALS

VAFITA
Left in the wild: 500 (estimated)
About the size of a long and weighing under 2 kg, they are small and rare for all penguins.

ILI PIGA
Left in the wild: Under 100 (estimated)
This small, semi-aquatic species, lives in China's Han and is protected as an endangered species in 1998 by a group of Chinese scientists. The population has declined by 80 percent since the 1990s due to overfishing and poaching.

AMIR LEPARD
Left in the wild: Under 20 (estimated)
These small, solitary creatures are found in northern Australia, ranging from the Monteserrantes to the Pacific Ocean. They are known for their long, dark tails and their ability to hunt for food.

QADLA
Left in the wild: Under 100 (estimated), threatened
The Qadla is a small, semi-aquatic species found in eastern and southern Africa, primarily in swamps and rivers. They are threatened by habitat loss due to pollution and overfishing.

JAYAN RHINO
Left in the wild: Under 50 (estimated)
Only found in the Kulin National Park in Indonesia, the Jayan Rhinos is the last remaining population of all five rhino species. These rhinos are critically endangered due to habitat loss and poaching.

RED WOLF
Left in the wild: Under 100 (estimated)
Known to date for their unique, black-tipped tails, the red wolves are rare and found in the southeastern United States. They are threatened by habitat loss due to deforestation.

SINDA BANSOLI
Left in the wild: Under 20 (estimated)
This small, nocturnal creature is widely distributed across Asia from southern China to Mediterranean Europe. They are a protected species in China and are known for their unique sleeping habits.

GRAY-HEADED LEMUR
Left in the wild: Under 200 (estimated)
Found only in the highland forests of Madagascar, this species is threatened by habitat loss due to deforestation and poaching.

TODAY
CONVERSATION ABOUT ORIENTATION: NON-BINARY ISSUES

BY RACHEL LIM

Animal-lover or not, the rate at which some animals are extinct is alarming. And to say that we need to play a major role in ensuring their survival is an understatement. Activist groups are stepping up and conservation efforts have improved considerably, the rate at which we are destroying animal habitats and the need to take action to prevent species from becoming extinct. Here are some species that are at risk.

The LGTBQ+ movement has come a long way since the Paris Riots. However, the details about sexual orientation and gender identity have varied widely in different countries. The movement is still a work in progress, especially in developing and least developed countries. Such countries lack legal and social acceptance of the LGTBQ+ community.

The LGTBQ+ community is one of the most misunderstood and underrepresented in society. They face discrimination, prejudice, and legal barriers. In countries like Singapore, which has strict laws against homosexuality, being gay or transgender is illegal.

The LGTBQ+ community has faced many challenges. They have been subjected to violence, harassment, and discrimination. The LGTBQ+ community needs more support, including legal protection and social acceptance.

The LGTBQ+ movement is in a constant state of struggle. It is a fight for equality, both in civil and political rights, and to educate the public about the issues faced by the LGTBQ+ community. The movement is a call for solidarity, for unity, and for activism.

ACCEPTANCE FROM EDUCATION

One way we can help the LGTBQ+ community is to educate and promote awareness about the LGTBQ+ movement. We should help our students develop a more accepting attitude and work towards inclusivity.

The LGTBQ+ movement is a call to action. It is a call to make the world a more accepting and inclusive place. The LGTBQ+ community needs our support, our understanding, and our compassion. They need us to stand with them and fight for their rights.

ANY SCIENCE TO BACK IT UP?

There is a lot of scientific research being conducted on the LGTBQ+ community. One prominent study by researchers at the University of California, San Francisco, found that LGTBQ+ individuals are more likely to experience discrimination, stigma, and poverty. This research supports the idea that discrimination and stigma are real problems that need to be addressed.

However, there is still a lot of work to be done. More research is needed to understand the experiences of LGTBQ+ individuals and to develop effective strategies to combat discrimination.

In conclusion, we need to work towards acceptance, understanding, and support for the LGTBQ+ community. Only then can we truly say that we are making progress towards a more inclusive and accepting society.
Millennials are accused of killing of many industries - from diamonds to department stores - but there’s something else millennials have toppled from prominence: sex. This generation is also accused of being uninterested, but perhaps their lack of motivation towards having sex is not untrue.

Recent research in the US shows that, overall, millennials have fewer sexual partners than previous generations, and that 15% of 25-24-year-olds have not had sex since turning 18, up from 6% in the early 1990s. Despite being the most liberal generation yet, millennials are having less sex than the pessimistic generation before them. And we’re not counting those who consider themselves conservative Asians.

More intriguing are the Japanese: over 40% of single millennials are virgins. Japan’s lack of interest in sex is blamed on everything from a stagnant economy to manga fans favouring fantasy over reality, but what about the rest of the world?

**REASON: INTERNET**

The effects are most dramatic among those born in the mid-1990s and later — the first cohort to come of age when smartphones were ubiquitous. Their connection to smartphones is so strong that you’d have to pry them from their cold, dead hands.

Unsurprisingly, a survey from 2017’s Global Millennium Black Paper showed that 55% of Singaporeans respondents would rather give up sex than the internet.

**Tinder and other matchmaking apps**

So you’ve been swiping left and right a lot – but have you ever really met anyone you’ve matched with? While it’s far easier these days to connect with strangers, we’re judging people online, which means you’re judging people online.

This reliance on tech means you’re judging people you’ve never met. And it’s not just on Tinder. Social Media Sheep

If you’re constantly monitoring your social channels, chances are you’re doing similar things to most people out there. They’re enjoying themselves travelling the world, enjoying the prettiest desserts, or flaunting their latest threads. This makes a post about a sexual encounter seem insignificant — who has the time anyway?

**REASON: SPACE**

Most single millennials live with their folks, moving out only after marriage. So those who are dating may find themselves lacking the space for some quality time. This is your ‘me’ time, and it’s an addiction.

Speaking of porn: most people who watch it ironically tend to have lower desire for real people (you can thank unrealistic body expectations in the industry for that).

**REASON: MODERN SOCIETY**

There’s a huge societal pressure of doing well at school or work — and making money is high on our priority list. Not surprisingly, this can cause immense stress which translates to low libido. Even guys who are in relationships can experience erectile dysfunction (ED), and Singapore urologists are seeing twice as many patients in their 20s than a decade ago.

Millennials could also be the most cautious generation — the first to grow up with car seats and bike helmets, the first not allowed to walk to school or the playground alone. So it’s not a stretch to consider theses cautious when it comes to relationships, and stories of people getting бenchxed or ghosted probably haunt them so much that they’d rather not take the chance.

These days, women are far less accepting of pressured sex, reflecting that women feel more empowered to say no (hurray!). And it’s not just the women: let’s not forget that the millennial generation sometimes identifies with non-binary gender; for asexuals, there is no drive to be intimate with someone else at all.

**REASON: EDUCATION**

One can argue that sex education at school is key to helping teenagers understand what they’re about to get into as an adult. In Singapore, Sexuality Education teaches us that abstinence before marriage is the best course of action for teenagers; it highlights the possible consequences of sexual activity, and that premarital sex is not desirable as there are inherent risks.

Fast forward to adulthood, and these lessons are probably still somewhere in the recesses of our minds, possibly subconsciously steering us away from all the things ‘cher warned us about. While it’s an admirable trait to abstain from sex until marriage, more and more millennials are eschewing the traditional route into adulthood (ie. dating, marriage, moving in, family), opting instead to remain single or date their BFF forever (for various reasons). So does it mean that they are supposed to be celibate for life?

In countries where sex education doesn’t teach much — like Korea and Japan — what students pick up very little from school. In Korea, kids learn more about situations surrounding sex than the act of sex itself, while in Japan, apparently only half of high school students know how to use a condom properly.

**THE BOTTOM LINE**

With Singapore’s plummeting birth rate, it’s no surprise that the government is doing everything it can to promote starting families at a younger age, sometimes guilt-tripping women into it by publishing stats like “a woman produces less eggs as she gets older”. In Denmark, where birth rates are also plummeting, teachers in sex ed are actually warning teens about the risks of waiting too long to have kids.

Delaying sex is not necessarily bad, and experts say being intentional about when to have sex can lead to stronger relationships in the long run. A lot of young people are, in fact, looking for fulfilling relationships with potential life partners.

But before we can look forward to long-term relationships, we have to start with prioritising human connections over virtual ones, or our material priorities.
People these days are obsessed with their bodies, turning to the gym to get that dream bod everyone wants to stare at. But for those who aren’t into all that jumping around, flipping wheels and getting yelled at by a coach, there are more pressing things than not having pecs that don’t look like they belong to Dwayne Johnson.

Especially when said pecs look more… pointy and bouncy than they should. While it’s hard not to stare at a perfectly sculpted male form, it’s harder not to gawk at a pair of jiggling man boobs, or moobs.

DEFINING THE PERKY PAIR

Before you mistake moobs for lumps of fat, think again. Male chests are typically flat (including the nipples), but moobs – or gynecomastia – is the swelling of breast tissue. It’s actually a hormonal thing, because it happens when there’s too much estrogen produced by the testicles (which produces estrogen and testosterone). Estrogens, by the way, is the female hormone that signals the body to retain more fat in the chest.

Since it’s hormone related, this condition is common in newborns, older men, and boys going through puberty. Of course, moobs on obese men can just simply be fat rather than swollen breast tissue, but it has a different name: pseudogynecomastia (fake moobs).

Moobs are generally harmless, but some men find it embarrassing as they can be hard to hide without wearing sports bras. Moobs can look like saggy chests that simply gave up, or even have swollen nipples that can confuse babies. Worse, one moob may become larger than the other.

Studies have suggested that moobs affect a third of all men over puberty (and come back after 60). These days, some guys in older men, and boys going through puberty. Of course, moobs on obese men can just simply be fat rather than swollen breast tissue, but it has a different name: pseudogynecomastia (fake moobs).

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Studies have suggested that moobs affect a third of all men over their lifetime. For most men, they usually go away on their own after puberty (and come back after 60). These days, some guys in between these life stages have moobs – the problem is, you can be a gym rat with abs like a waffle-maker and still have them. So what gives?

THE MOOB MAKERS

Many studies have linked these hormonal imbalances with food. A high-fat, high-carb diet is not only bad for your waistline, it can increase bra size (which is bad news if you don’t wear a bra) since it raises estrogen levels. So foods like pastries, fries, milkshakes, and fried chicken are culprits – in fact, in 2016 a 26-year old male Chinese graduate whose go-to snack was fried chicken had grown a pair of particularly perky moobs. Some doctors pointed his moobs to growth hormones present in poultry.

High-estrogen foods – called ‘estrogenics’ – are also to blame, including beans, peas, alfalfa sprouts, and of course soybeans (soy milk, tofu, mock meat). Alcohol is another culprit, as it affects the liver’s ability to get rid of excess estrogen. Plus, drinking beer can expand more than bellies, because hops contain phytoestrogens.

Researchers at Yale University are also accusing BPA and phthalates which are found in common everyday items like cosmetics, cans, pesticides, and plastics. BPA mimics estrogen, and phthalates block testosterone action. Some medications are also to blame, including cholesterol drugs, hair loss treatments, and steroids which can turn into estrogen. For some men, moobs point to something more sinister, like hypogonadism (small testes), testicular cancer, hyperthyroidism or Klinefelter syndrome (males with XXY chromosomes instead of just XY).

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Having big moobs isn’t usually something guys are proud of; some suffer from depression and anxiety because of it, some even have painful, tender moobs. For these guys, surgery – either liposuction or fat-freezing – is an option.

Unlike a sunburn, it’s not something you can prevent without knowing the underlying cause.

For most guys, changing diets, cutting alcohol, and exercising (there are moob-specific workouts) may work at curbing the growth of moobs.

For the lazy, there are mans’ compression vests designed hide man ta-tas. For those in the nonchalant camp, whether you like it or not, moobs seem to be here to stay.
The world needs penetration testers and other cyberheroes. The slew of high profile cybersecurity breaches, system failures and the even ubiquitous local internet scams have resulted in many organisations scrambling to source for cybersecurity specialists to up their defenses. This has brought to light the lack of supply of such IT professionals and hence the need for a special degree and curriculum to train cyber professionals who are job-ready to enter the workforce.

**TRAINING CYBERHEROES**

Seeing that demand, Edith Cowan University in Perth has established itself as one of Australia’s first and most forward-looking institutions by providing a pioneering undergraduate cybersecurity degree programme in Australia.

**WHAT YOU WILL LEARN**

ECU’s curriculum is specially designed around detecting, protecting against, and tackling some of today’s most critical cybersecurity threats, covering both the practical and theoretical dimensions of IT security.

**YEAR 1**
- Conventional network security concepts

**YEAR 2**
- Ethical hacking, information warfare, computer forensics and more

**YEAR 3**
- Work Experience Project

**WHY EDITH COWAN UNIVERSITY?**

**BECAUSE IT IS A PRESTIGIOUS AND HIGHLY CREDIBLE INSTITUTION**

- Specially picked by the Prime Minister of Australia to be part of the Academic Centres of Cyber Security Excellence (ACCSE) programme
- Awarded close to $1 million of Federal Funding to use as academic grants for aspiring cyber professionals
- Rated 5 stars and ranked 3rd nationally in The Good Universities Guide 2018
- The only Australian University rated in the Top 10 globally for cybersecurity research and education

**BECAUSE IT HAS GREAT FACILITIES AND FACULTY**

- Experienced cyber security faculty members include experts from Australian Intelligence Corps and Australian Defence Force
- State-of-the-art research facilities
- Award-winning library collection and outdoor cinema
- Multi-million dollar sport and fitness centre

**STUDY IN PERTH, AUSTRALIA**

- Rated as one of the world’s most livable cities according to The Economist in 2018
- Pristine beaches and good weather all year round
- Only a 5-hour flight from Singapore

**HIGH PAYING, CYBER CRIME-FIGHTING JOBS AWAIT**

- In Singapore, Infosecurity Media Development Authority (IMDA) found in 2017 that demand for cybersecurity professionals is expected to rise by more than 42,000 from 2017 to 2019
- Cyber security is also now listed as the Top 5 most in-demand jobs in Singapore this year by Talent Asia

- Labeled by Reuters as the “hottest ticket in town”, cyber security professionals are in such high demand that ECU’s cyber security undergraduates are snapped up for jobs even before graduation as cyber crimes are an increasingly pressing problem worldwide and is predicted to inflict damages worth $5M trillion annually by 2021.
- Cyber security grads can be:
  - Data Protection Officer
  - Security Analyst
  - Penetration Tester / Ethical Hacker

**THE SAFETY OF OUR DIGITAL FUTURE MAY BE IN YOUR HANDS**

Online threats are no longer just harmless intangible pixels on your computer screen. A lack of cyber security could result in more than just a hacked Facebook account — think robbed banks and unruly fired missiles. Being a cyber professional puts you at war with these viruses daily.

Maarten van Hornebeek graduated with a Master in Information Security and Intelligence in 2006 and went on to work to protect world-renowned companies like Amazon, Google and Microsoft. In his time with Microsoft, he spent five years studying a malware that was powerful enough to disrupt pieces of the Iranian nuclear programme in order to prevent it from spreading beyond its intended purpose.

Apply for ECU’s Cyber Security degree today and learn how to make technology safe for all again.

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