



ISSUE 56

CAMPUS

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DA!

YOUNG GUNS

BEST YOUNG UNIVERSITIES IN THE WORLD

When it comes to choosing a university to attend, we normally think of those that have been around for centuries – think Oxford, Cambridge, etc – but that doesn't mean you shouldn't look at younger universities (those under 50 years old) which are also excellent in terms of teaching, research, international outlook, and work with industry. Here are the top 10 of 2018's Young University Rankings, as revealed by THE – Times Higher Education (half of them are in Asia).

HONG KONG UNIVERSITY OF SCIENCE AND TECHNOLOGY (1991), HONG KONG

The HKUST consistently ranks as one of the best universities in Hong Kong, and focuses heavily on providing students with a cutting-edge education within the realms of science and technology, complemented by humanities and social sciences.



KOREA ADVANCED INSTITUTE OF SCIENCE AND TECHNOLOGY (1971), SOUTH KOREA

South Korea's KAIST is often placed among some leading universities in global scientific education and research. KAIST is aimed at educating young researchers in science and engineering, and also has a rich academic portfolio in physics, mathematics, engineering, humanities and social sciences, business and management.



ÉCOLE POLYTECHNIQUE FÉDÉRALE DE LAUSANNE (1969), SWITZERLAND

Situated in Switzerland on the banks of Lake Geneva, the hydro-powered EPFL campus is highly regarded for its research output in engineering and science, including the Blue Brain Project and the Human Brain Project.



CITY UNIVERSITY OF HONG KONG (1994), HONG KONG

A dynamic young university, CityU's philosophy encourages students to make original discoveries with support via state-of-the-art technology, funding and learning spaces. CityU is the first university in Hong Kong to set up institutes for veterinary science and data science.

NANYANG TECHNOLOGICAL UNIVERSITY (1991), SINGAPORE

Our NTU is one of the highest-ranked Asian universities in the THE World University Rankings, and considered one of the most beautiful campuses in the world. This research-intensive public university is also the world's fastest-rising young university according to THE.



POHANG UNIVERSITY OF SCIENCE AND TECHNOLOGY (1986), SOUTH KOREA

As the first research-oriented university in Korea, POSTECH has established itself as one of the top research universities in Asia. It offers programmes in four departments of science, seven departments of engineering, and interdisciplinary programmes in related academic fields.



PARIS SCIENCES ET LETTRES - PSL UNIVERSITY (2010), FRANCE

PSL University, located in Paris' Latin Quarter, is a collegiate university encompassing every field of knowledge, from the sciences and engineering to the arts, humanities and social sciences, and aims to become one of the world's leading research universities.



MAASTRICHT UNIVERSITY (1976), NETHERLANDS

Maastricht University in the Netherlands was established to expand the country's medical training facilities in order to address the shortage of medical professionals. More faculties have since been added, including business, law, psychology, social sciences, and engineering.



UNIVERSITY OF ALABAMA AT BIRMINGHAM (1969), USA

UAB is a renowned research university and academic medical centre known for its innovative and interdisciplinary approach to education. It offers courses in social and behavioral sciences, as well as health-related fields like medicine, dentistry, nursing, and public health.



LARGE AND IN CHARGE

Contributors

Cheryl Tan (UQ)
Darryl Goh (SP)
Nina Gan (NTU)
Nurfaizah Faizuan (NTU)
Tartan Ares Ow (TC)
Yin Loon (NTU)

Editor-in-Chief

Aaron Stewart
aaron@campus.com.sg

Creative Director

Lynn Ooi

Designer

Yun Ng

Sales Enquiry:

ad_query@campus.com.sg

ASKM Pte Ltd

19A Lorong 41 Geylang S387830
Tel (65) 6732 0325

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Contributors (ad-hoc)

We are always open to contributors who want to polish their writing skills, or simply want to get their work out there. You can even write for our website blog. Best part is, you don't have to be at the office (unless you want to) to be a contributor. You will, however, have to meet us first in order for you to know some guidelines (yes, we have some) for our contributor programme.

Interested? Send us your CV and portfolio (if you have one). Don't be scared – we don't bite. Apply via email to: interns@campus.com.sg.

ISSUE 56 | OCT '18

CONTENTS

Check our website
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[i campusSG](https://www.instagram.com/campusSG)

00: Young Guns

Best young universities in the world

02: Laws Around the World

... you should know about

05: Unleash Your Wanderlust

With these huge and unique bookstores

06: Where the Grass is Greener

Countries attracting young talent

08: Beats & Bops

Music festivals to check out

09: Spandex & Swords

Superheroes around the world

13: Rise of the Tiger Cubs

Why you should look to ASEAN

16: Diamonds are Forever?

A tale that spans continents

18: A Dribble of Hot Stuff

Spicy condiments around the world

20: Spooks in Sheets

Haunted hotels in Asia



REGULAR STUFF:

04: The List:

Female Leaders

12: Cheat Sheet:

Uni applications

14: Out & About

21: Stress Relief

LAWS AROUND THE WORLD YOU SHOULD KNOW ABOUT

We all know that Singapore has some pretty strange rules - you're not allowed to distribute gum, you're not allowed to be naked in your own home, you can't bring durians on public transport, etc - but we're not alone in this crazy world. Here are some rules around the world that may have you scratching your head.

PLANNING TO TRAVEL TO THESE COUNTRIES:

DON'T ANNOY SOMEONE IN THE PHILIPPINES

Did you know that in the Philippines, the act of annoying someone is a crime? Committing 'unjust vexation' is punishable by a fine (5-200 pesos) or jail time, or both. Sticks and stones may break bones, but in the Philippines, strong words can result in a civil lawsuit.

ANNOY ME
AND YOU'LL
PAY FOR IT!



REINCARNATION IN CHINA

China actually has a law decreeing that living Buddhas have to be approved by local governments, while living Buddhas of the highest level - like the Dalai Lama - will need to be approved by the central government. This basically means that all monks will need the state's approval if they want to be reincarnated - China may be an atheist country, but it's obviously uncomfortable with forces beyond its control.



BANNED IN MALDIVES

If you're visiting the Maldives, be careful about bringing in items that are deemed 'contrary to Islam' - this includes Bibles, pork products (prior approval is required before you can bring it in), and alcohol (and its byproducts). They'll be held at the airport until you leave.



NO INHALERS AND DANCING IN JAPAN

If you love shoving Vicks inhalers up your nose, you'd better leave it behind if you're travelling to Japan. According to the country's drug laws, Vicks inhalers are prohibited because it contains pseudoephedrine. You also can't bring in your cough med if it's got codeine in it.

Tokyo may be a city that never sleeps, but it's not one that dances into the night. It has been against the rules for clubs in Osaka, Fukuoka, and Tokyo to allow patrons to dance after midnight since 1948, but a recent change relaxed the rules. Clubs operating until 5am can obtain a dancing permit, provided that they don't serve alcohol after midnight, keep a minimum brightness, and have a minimum space of 66 square metres - otherwise they'll have to put up a 'no dancing' signage.



CERTIFICATE OF BIRTH

You are to certify that

Weighting _____ Sex _____ Date of Birth _____

Child's Name _____

Address _____

Signature _____

RULES FOR NAMING A CHILD

You'd think that parents have free reign in the naming of their child - however, parents can only choose a baby name from an approved list (at least there's over 10,000 options) in countries like Denmark, Iceland, Portugal, and Germany, where the name also has to indicate a baby's gender. Saudi Arabia has banned 30 names, including those that are non-Islamic.



NO PHOTOS ALLOWED AT THESE OUTDOOR AREAS

Travelling to Paris? Then take note if you want to Instagram photos of the Eiffel Tower at night - technically up until 1993, it was actually illegal to take any photos of the tower, day or night. In 1985, a night-time light show was added and therefore taking photos of it at night is still protected under France's copyright laws until 2085.

You also can't take photos (at least commercially) of Tokyo's Golden Gai district - we're not talking about the interior of the bars, we're talking about the whole neighbourhood of tiny alleyways which house hundreds of bars, some seating as few as six people. This rule was likely created at a time when prostitution was common in the area.

In Australia, it's illegal to photograph Ayer's Rock for commercial use because the local owners, the Anangu, believe that this sacred site will be degraded if it's captured or displayed. While you can take a quick iPhone shot, you'll be reprimanded from shooting with professional gear.

YOUR FOOTWEAR IS REGULATED HERE

If you're heading to the trendy island of Capri, Italy for a summer holiday, bear in mind that wearing wooden clogs (or sandals) are prohibited. While there isn't really a dress code for the island, the clogs are banned because it's a 'noisy footwear' - this also applies to any footwear that makes a lot of noise, including flip flops (a couple was fined in 2010 for their noisy flip flops).

Love to snap Instapics of yourself in heels? If you're headed to Athens, it's prohibited to wear them in historic sites like the Odeon or the Acropolis - this is to protect the wear and tear of these fragile ancient sites. Also, no food and drinks are allowed - thanks to previous visitors who left tons of trash (including gum) on site.



KISSING RULES

In the UAE (Dubai, Abu Dhabi) and Qatar, it's actually illegal to kiss in public - you can be thrown in jail for doing so, even if it's just a peck on the cheek. It's also illegal for two people of the opposite sex to hold hands, unless you're married to each other. However, it's completely normal to greet friends of the same sex - both men and women - with kisses on the cheek.

If you find yourself in Eboli, Italy, you'll have to resist the temptation to kiss your partner if you're in a car. Enacted in 2008, kissing is banned apparently to protect public security... and if caught, you'll be fined €200.

The US may seem like a liberal country, but in some parts of some states, there are even rules regarding the simple act of kissing. There's no happy ending to Sleeping Beauty in Colorado, because according to their law, it's illegal for a man to kiss a sleeping woman (but there's sound logic in that law). Meanwhile, in Indiana, you're not allowed to have a beard if you have "a tendency to habitually kiss other humans", and in Iowa, men with mustaches aren't allowed to kiss women in public (even for the clean-shaven, it's illegal to kiss for more than 5 minutes).

In states like Arkansas and Alabama it's illegal for a man to seduce, flirt or engage in 'lascivious banter' with a single lady. You can go to jail for up to 30 days (Arkansas) or 5 years (Michigan) for doing so - no idea if flirting via Tinder counts.



THE LIST

FEMALE LEADERS YOU SHOULD KNOW ABOUT

ANGELA MERKEL (63)

Chancellor of Germany, since 2005

Trained as a physicist, Merkel entered politics after the 1989 fall of the Berlin Wall. Now in her fourth term, Merkel has been widely described as the de facto leader of the European Union, the most powerful woman in the world, and the leader of the Free World.



TSAI ING-WEN (61)

President of Taiwan, since 2016

As the first female president of Taiwan, Tsai has faced criticism for being unmarried. A supporter of marriage equality, she was a legal scholar with law degrees from Cornell Law School (LLM) and the London School of Economics (Ph.D.).



KOLINDA GRABAR-KITAROVIC (49)

President of Croatia, since 2015

Grabar-Kitarovic is the first woman and youngest person to be elected as the President of the Republic. She's also the first woman in Europe to defeat an incumbent president running for reelection, and considered the most popular politician in the country.



DALIA GRYBAUSKAITE (62)

President of Lithuania, since 2009

Often referred to as the Iron Lady or the Steel Magnolia, the country's first female president is one of the most controversial leaders. The first Lithuanian president to have been re-elected, she has a black-belt in martial arts, and is not afraid to pick her battles with Russia.



HILDA HEINE (66)

President of the Marshall Islands, since 2016

Heine is not just the first woman to hold office and only one of three women in parliament, she is also the first Marshallese citizen to obtain a doctorate, which she obtained at the University of Southern California in 2004.



We may now have Halimah Yacob, but will we see a female Prime Minister in the future? In a world where country leadership positions are commonly held by men, there are about 20 women holding the office of Head of State or Head of Government this year. Two countries this year combine both female head of state and head of government: the UK and New Zealand. Here are some notable female leaders you should know about.

ERNA SOLBERG (56)

Prime Minister of Norway, since 2013

Solberg never let dyslexia - which she was diagnosed with at age 16 - stop her. She has recently been awarded the Global Citizen Award by the Atlantic Council for her commitment to multilateralism, international development and poverty reduction, and education.



JACINDA ARDERN (38)

Prime Minister of New Zealand, since 2017

She is the world's youngest female head of government, having taken office at age 37. Giving birth to a daughter on 21 June 2018, she became the world's second elected head of government to give birth while in office.



THERESA MAY (62)

Prime Minister of the United Kingdom, since 2016

An Oxford graduate, Theresa May became Prime Minister in 2016 and is currently orchestrating the Brexit negotiations with the European Union. She's also served numerous political positions, including Home Secretary and Shadow Secretary.



SHEIKH HASINA WAZED (71)

Prime Minister of Bangladesh, since 2009

With a political career spanning more than four decades, she was elected a third time, violating the key rules of the Constitution. One of the most powerful women in the world, she has had a fair share of scandals, arrests, and coup attempts during her time in office.



SAARA KUUGONGELWA-AMADHILA (50)

Prime Minister of Namibia, since 2015

The country's first female Prime Minister, Kuugongelwa-Amadhila was famous for getting her country to limit government spending as the Minister of Finance. A quick learner, she entered political limelight at age 27 as Director General of the National Planning Commission.



Unleash Your Wanderlust WITH THESE HUGE AND UNIQUE BOOKSTORES

By Nurfaizah Faizuan

Books are great at transporting us to new magical worlds and dimensions that we never knew existed. But did you know it could get you travelling around the world too? Some of these bookstores are so magnificent they'll make you want to pack your suitcase and leave on a global bookstore adventure. If you're a huge book lover, you're bound to want to add these Insta-worthy bookstores and libraries on your bucket list.

Powell's Books

PORTLAND, OREGON

The family-run business is the largest independent bookstore in the world, occupying an entire city block and home to about a million books. Its sheer size alone should be worthy of a mention. The store apparently purchases roughly 3,000 books a day, so you're sure to find one that tickles your fancy. With that many books around, you're sure to get lost - but don't worry, because they'll provide you with a floor map for your literary adventure.



Livraria Lello

PORTO, PORTUGAL

A little over a hundred years old, just the name of the bookstore alone screams elegance. The neo-gothic bookstore, one of the most beautiful in the world, was opened in 1906, by brothers José and António Lello. With its extravagant fairytale-like staircases and towering bookshelves, it is no wonder that the bookstore has been dubbed as the inspiration behind J. K. Rowling's Hogwarts. To visit this bookstore, be prepared to pay €3 - however, you can simply purchase a book to offset the fee!



El Ateneo Grand Splendid

BUENO AIRES, ARGENTINA

Situated in an old theatre, the El Ateneo Grand Splendid has endless rows of bookshelves situated within its original balconies, the painted dome ceiling, ornate carvings, and crimson stage curtains remain, evoking a sense of grandeur it once had. Since its inception in 1919, it's been a theatre, a cinema, and now a bookstore. The original stage has been transformed into a restaurant, where one can indulge in coffee and live piano music.



Bart's Books

OJAI, CALIFORNIA

Founded by Richard Bartinsdale in 1964, Bart's Books is the largest outdoor bookstore in the world. The bookstore stocks nearly a million books, ranging from 35¢ specials to rare prints and art books valued in the thousands of dollars. But what sets it apart from other bookstores around the world is that it works on a system of honouring one's integrity. This means that you can take any book you like and leave however much money you want.



Cook & Book

BRUSSELS, BELGIUM

This whimsical bookstore is almost the size of an entire supermarket, with its own restaurant to boot. It is split into 9 thematic spaces, each with a completely different set up and atmosphere. The comics section is a fantasy world, while the travel section features a converted Airstream trailer. There's also a Vintage Fiat 500 in its cookery section, and a music section where you can listen to vinyls. The place is sure to make you want to snap a million pictures before you leave.



Libreria Acqua Alta

VENICE, ITALY

In a city where water levels are constantly on a rise, flooding shops and businesses, this little bookstore has everything all cleverly planned out. With books piled up to its ceiling, the bookstore's name itself translates to 'high water bookshop', and you'd find books in boats, gondolas and even bathtubs. There's even a staircase entirely made up of books! Better still, the owner's a 70-year-old Venetian who loves getting to know his customers and listening to their great adventures.



Listed here are just some of the best bookstores in the world, boasting huge collections of books to satiate any bookworm's hunger and wanderlust. There are plenty more bookstores that should make up this list, but it's impossible to include them all!

Where the Grass is Greener

COUNTRIES ATTRACTING YOUNG FOREIGN TALENT

By Cheryl Tan Kay Yin
(Brisbane, Australia)

Many young and skilled graduates are searching for job opportunities overseas, but what is the secret recipe that make the top countries successful in drawing a young and skilled workforce to their shores?

Top 5 Countries are:

-  **Switzerland**
-  **Singapore**
-  **USA**
-  **Norway**
-  **Sweden**

TOP SINGAPORE CHOICES

When Singaporean students and grads were asked to name their preferred destinations, respondents from the 2016 Institute of Policy Studies (IPS) named in their top three choices:

-  **Australia**
-  **New Zealand**
-  **USA**

To establish an overall ranking, countries are assessed on the Global Cities Talent Competitiveness Index (GCTI), which takes into account 4 different pillars that determine which countries are the best at attracting and retaining top talent.

ENABLE

looks at the regulatory, market, business and labour landscapes and whether they help attract people, or put them off

ATTRACT

assesses how open a country is to outside talent and those from underprivileged backgrounds, women and older people

GROW

examines how well a country or city develops its people, ie. through a good education system that offers lifelong learning

RETAIN

looks at how nice it is to live there; one of the main components of talent retention is quality of life

In addition to these 4 pillars, Switzerland has also managed to stand apart from the other countries by placing an emphasis on 2 vital areas:



VOCATIONAL TRAINING SKILLS

measures the availability of workers with vocational and technical skills



GLOBAL KNOWLEDGE SKILLS

which looks at the availability of global knowledge skills (workers in professional, managerial or leadership roles)

What are these nations getting right?

Education system

A country that looks ahead to the needs of employers and adapts accordingly is vital for attracting talent. Vocational education and training is neglected in most countries with the exceptions of Switzerland, Germany and Austria.

In Switzerland, almost 70% of teenagers choose the apprenticeship over university; almost half of Swiss ministers come from the vocational stream. From age 12, Swiss students are encouraged to think vocationally and consider employability early in life.

Amenities/ Lifestyle

The quality of life a country offers is vital when a young, skilled worker seeks employment overseas. This includes access to social protection and benefits which Switzerland, Norway and Sweden excel at. This has enabled them to retain a skilled workforce.

Flexible Business Landscape

A working environment where employees enjoy flexible working conditions and employees have opportunities for career development and growth, both of which the USA has been good at.

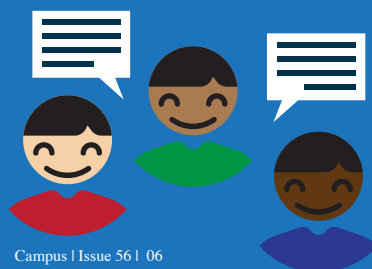
Switzerland and Norway also come up high in the scores for offering flexible working conditions especially in the area of parental leave and childcare policies.

Openness to trade, investment and immigration

All top 5 nations have capable and strong governments that are open to international trade and investment. Singapore does particularly well in attracting talent offering a low start up cost for small and medium enterprises to set up businesses and attractive interest rates for foreign investors.

The global city rankings will continue to favour nations that cater to the workforce of the future. Ultimately, young and skilled people will be seeking employment in economies which are attractive places to work and live. These will be cities that offer great quality of life, good education systems, business environments open to change and have flexible work environments that encourage lifelong learning.

For countries to remain globally competitive, they will need to encourage the growth of a multicultural society thus gaining an edge in cognitive diversity (inclusion of people who have different styles of problem-solving and can offer unique perspectives because they think differently).



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#01-418 Singapore 310185
(Beside Toa Payoh Library)

6241 0123
Bedok Central

Blk 210, New Upper Chang Road
#01-733, Singapore 460210
(2 mins walk from Bedok MRT Station)

6299 3556
Beach Road

Blk 14 Beach Road #01-4061
Singapore 190014
(Beside Golden Mile Food Centre)

6777 1712
Clementi Central

Blk 445 Clementi Avenue 3
#01-187, Singapore 120448
(Near Clementi MRT Station)

6452 4222
Ang Mo Kio Central

Blk 727 Ang Mo Kio Avenue 6
#01-4270 Singapore 560727
(Located opposite Blk 724
AMK market & food centre,
5 mins walk from AMK MRT station)

6765 5759
Yew Tee

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Hannah Sy, Computer-delivered IELTS test taker

BEATS & BOPS

MUSIC FESTIVALS TO CHECK OUT

BY TARTAN ARES OW

If you're a music fan, you've probably heard of some of the world's biggest music festivals like Glastonbury, Lollapalooza, or Fuji Rock. While those festivals are well established (and still standing strong), here are some other music festivals that bring you a wider range of music genres from EDM to hip hop.

COACHELLA

WHERE: Indio, California, USA
WHEN: Spring (April)

One of the best known music festivals in the US, Coachella is part music festival, part fashion showcase. Held in the desert of Coachella Valley since 1999, attendees at the festival dress to impress while they listen to music performances from the likes of Calvin Harris, Major Lazer, Sia, Ice Cube, and Guns n' Roses. Coachella always sells out its 99,000 capacity per weekend, and many who attend are also other famous musicians and actors thanks to its location in California.



TOMORROWLAND

WHERE: Boom, Belgium
WHEN: Summer (July)

EDM fans will know Tomorrowland, one of the most recognised festivals for this popular genre which has swept the globe in the last decade. Hundreds of renowned EDM DJs have taken to the stage, including David Guetta, Steve Aoki, Tiesto, and more. Tomorrowland stretches over 2 weekends, and tickets sell out in minutes. Established in 2005 in Belgium, it has since expanded into TomorrowWorld (USA), Tomorrowland Brasil, and Tomorrowland Winter (French Alps).

EXIT

WHERE: Novi Sad, Serbia
WHEN: Summer (July)

Originally founded in 2000 as a student movement fighting for democracy and freedom in Serbia and the Balkans, Exit is now recognised as one of the world's best music festivals. Held at the beautiful medieval Petrovaradin Fortress, the festival features a wide range of music genres, including electronic, rock, metal, hip hop, reggae and punk music, and has seen artists like Wiz Khalifa, Ellie Goulding, David Guetta, Bastille, and many more taking the stage.



ROCK IN RIO

WHERE: Rio de Janeiro (Brazil), Madrid (Spain), Lisbon (Portugal), Las Vegas (USA)
WHEN: Summer (June)

Originating in Rio de Janeiro in 1985, Rock in Rio is one of the largest music festivals in the world, with 1.5 million in attendance at the first event when Queen and AC/DC were headliners. Since then, the festival has hosted plenty of renowned rock icons like Prince, Oasis, Guns n' Roses, and Metallica, as well as pop artists like Ed Sheeran, Taylor Swift, Britney Spears, and Shakira. The festival rotates its venue between Madrid, Lisbon, and Las Vegas.



MAWAZINE

WHERE: Rabat, Morocco
WHEN: May

Also known as Rhythms of the World, Mawazine is a music festival - the largest held on the continent of Africa - featuring many international and local music artists. The latest iterations of the festival have been taking place over 9 days, and hosted notable artists like Pit Bull, Demi Lovato, Christina Aguilera, Chris Brown, Iggy Azalea, and Maroon 5, in addition to local artists from all over Africa, Europe and the Middle East.



PUNK SPRING

WHERE: Tokyo and Kansai (Osaka, Kobe, Nagoya), Japan
WHEN: Spring (March)

Japan has a number of summer music festivals like Fuji Rock, Rising Sun, Summer Sonic, and Rock in Japan, but before that, it hosts Punkspring - a showcase of some of the best punk music from Japan and the world. Organised by the folks of Summer Sonic since 2006, the event has hosted international punk rock bands like Simple Plan, Weezer, and Sum 41, as well as Japanese acts like SPYAIR, MAN WITH A MISSION, and ONE OK ROCK.



SPANDEX AND SWORDS

SUPERHEROES AROUND THE WORLD

BY DARRYL GOH

HOW DOES IT FEEL LIKE TO FLY? HOW ABOUT SHOOTING LASER BEAMS FROM YOUR EYES? THESE STORIES HAVE CAPTIVATED OUR IMAGINATION SINCE YOUNG, AND FOR SOME, IS STILL ENJOYED AS AN ESCAPIST PASTIME ACTIVITY. HERE ARE SOME SUPERHEROES FROM AROUND THE WORLD WHOM YOU MIGHT NOT HAVE HEARD OF.

USA: SUPERMAN

Widely considered to be the pioneering superhero which transformed the genre into the cultural phenomenon it is today, Superman is an American icon in its own right, with his comic books, films, toy lines and video games earning billions for DC Comics.

Superman, born in an alien planet called Krypton and raised in the USA, fights for truth, justice, and the American Way. True to his catchphrase, Superman is always portrayed as a patriot, despite his humble beginnings as a literal alien immigrant.

Shortly after the 9/11 terrorist attacks, a tribute comic book cover featured Superman and his superdog Krypto standing in awe of real-life American heroes who helped in the recovery effort - policemen, firefighters and nurses, among others. Such a picture tugs at your heartstrings, considering the influence of Superman in highlighting the work of everyday men doing extraordinary things.



CHINA: WARRIORS OF THE THREE SOVEREIGNS



Marvel is venturing East in search of markets to conquer, most notably China. By collaborating with Chinese gaming giant NetEase to create Warriors of the Three Sovereigns, it is attempting to gain a foothold in the country before DC Comics can react.

The comic, drawn in manga-inspired aesthetic, follows college student Lin Lie on a journey to find his archaeologist father. Along the way, Lin and his two friends - all descendants of gods from the Three Sovereigns legend - confront ancient evil creatures using their magical weapons.

It would be interesting to see if this collaboration between American and Chinese comic book teams bears any fruit, as this would be a litmus test of the success of co-created superheroes. If all else fails, Marvel can always stick to translated adaptations of existing superhero titles.

JAPAN: SUPER SENTAI AND KAMEN RIDER

For a land that is well-known for its great contribution to the entertainment industry, Japan does not disappoint with its ever-expanding roster of superheroes. Tokusatsu, which literally translates to "special effects", refers to live-action, science fiction shows.

In the superhero tokusatsu arena, franchises such as Super Sentai and Kamen Rider have been producing new series instalments year after year on Super Hero Time, a weekly Japanese programme on television network TV Asahi. You may not know of Super Sentai, but you have definitely heard of Power Rangers, which uses the Japanese franchise as source material. When Mighty Morphin Power Rangers (MMPR) transformed the childhood superhero genre for the USA, Kyoryu Sentai Zyuranger, the Super Sentai franchise, already had 15 spandex-wearing teams of superheroes protecting Earth from alien invaders.

Like Super Sentai, Kamen Rider has enough series instalments to have a whole series based off revisiting prior show characters and storylines, which keeps fans of past seasons hooked, while introducing younger fans to older iterations of the franchise. In fact, the current Kamen Rider series, Kamen Rider Zi-O, is doing just that, celebrating 20 years of Kamen Rider in the Heisei era.

SINGAPORE: VR MAN

We cannot talk about our local superheroes without mentioning VR Man. His story is not new; protagonist Alex Foo is involved in a near-fatal accident which grants him the superpower of Virping (virtual reality projection), which he then uses to save his love interest, thereafter finding out that his superpowers were given to him by the villain of the show.

With self-explanatory, hilarious episode titles such as "Death by Drinking" and "Help Me Save Me", it is no wonder that this series 'virped' itself into a local pop culture relic, due to its seemingly accidental comedic effect achieved by over-dramatising plots and characters.

Love him or hate him, his legacy as the first (and consequently, most notable) Singaporean superhero is undeniable.



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Cheat Sheet

#56 'Marry Your Rapist' laws around the world

With the #metoo movement worldwide, 'chance are that you've probably heard of the 'Marry Your Rapist' law, which was coined in recent years. However, this law isn't new, since variations of the law has been around since medieval times. It's been adapted into constitutions around the world, but only in the last half a

century did much of the world abolish this dangerously outdated legal loophole.



WHAT IS THE 'MARRY YOUR RAPIST' LAW?

The law basically lets men or boys avoid punishment or prosecution for rape, sexual violence, abduction, or similar acts if they marry their victims, since it makes the perpetrators 'responsible' for their actions.

The law argues that it solves two problems: the marriage legalises the rape (in countries where marital rape is legal), and the girl avoids a life of shame since her family will be released of the stigma of trying to marry off a 'ruined' daughter. The law was supposedly created to shield the survivor because they would not have to report their assault from fear of shame and possible murder by family members.

Such laws deny justice to the victim, send a signal that rape is not a serious offence, and shift the stigma of shame to the survivor rather than the perpetrator.



WHEN DID IT COME ABOUT?

The practice dates back to medieval times (or even earlier) when a woman could be pressured to marry her attacker, because she was considered 'damaged commodity'. Traditionally, a woman was considered to be the property of her father (a belief still held today in countries like India), so if she was raped, the rapist must either pay 'compensation' or accept the 'damaged goods'.

Thanks to patriarchal attitudes, these rules made it to legislation, beginning with a 1810 French penal code, followed by a similar Ottoman Code in 1911. Many countries around the world adopted variations of these rules after Western colonisation.

WHICH COUNTRIES REPEALED THIS?

Much of the world has repealed them within the last 30 years; these are the most recent:

Palestine (May 2018)
Jordan (2017)
Lebanon (2017)
Tunisia (2017)
El Salvador (2017)
Denmark (2013)
France (1994)
Italy (1981)



WHICH COUNTRIES STILL HAVE THIS LAW?

This law is still in effect in at least 9 countries:

Philippines
Algeria, Angola, Libya
Iraq, Kuwait, Syria, Bahrain, Tajikistan

Rapists can avoid prosecution if victim is underage in:
Greece, Russia, Serbia, Thailand

If the victim 'forgives' their rapists, they walk free in:
Singapore, Romania, Thailand, Turkey

THE ISSUE OF MARITAL RAPE

Marital rape largely provides a loophole for the 'Marry Your Rapist' law to exist. The earliest countries to criminalise marital rape include the Soviet Union (1922), Poland (1932), and Czechoslovakia (1950).

RECENTLY REPEALED

South Korea (2013), Bolivia (2013), Nicaragua (2012), Rwanda (2009), Mauritius (2007), Thailand (2007), Nepal (2006), Turkey (2005), Cambodia (2005), Zimbabwe (2001)

Marital rape is still legal in 10 out of 82 jurisdictions in 73 UN member states, including:

Brunei, Myanmar, Saudi Arabia, Sri Lanka, China, India, etc

Singapore
Malaysia
Rape is illegal, but both countries are finding difficulty in defining 'marital rape'

ISSUES TO CONSIDER...

Some lawmakers argue that the 'Marry Your Rapist' law serves to protect the victims from social shame and stigma. Opponents argue that it promotes impunity for rape, and further victimises rape survivors, allowing rapists the right to rape victims for life.

In addition to abolishing these 'Marry Your Rapist' laws, countries also need to look into criminalising child marriage and marital rape. All of these laws exist to protect men, so as long as patriarchal attitudes are enforced, repealing these laws may not do much for gender imbalance.

BY NINA GAN

THE RISE OF THE TIGER CUBS

WHY YOU SHOULD LOOK TO ASEAN

If you were to choose a country to do your internship, or even your first job, where would it be? Somewhere like London, Sydney, or New York? Or somewhere closer to home like Jakarta, Hanoi, or Bangkok?

A recent report by McKinsey & Company found that eight out of 18 of the world's best-performing emerging economies – including Cambodia, Laos, Indonesia and Vietnam – were in Southeast Asia. Of course, China, South Korea, and Singapore were also on that list, but you do see a pattern – they're all in Asia.

Despite the promising outlook for the region, not many young Singaporeans are looking at opportunities here – whether for internship or exchange programmes – simply because it's not seen as glamorous. It may be that those who prefer working in the West see that as a 'step-up', but that means they'd be ignoring the potential of what's in their backyard.

WHAT'S HINDERING THE MOVE?

Among the most common deterrents for young Singaporeans to build their experience in ASEAN countries are safety issues and language barriers.

When it comes to personal safety, it's fair to say that no person is immune from becoming a victim of an attack no matter where you are. Even Singapore is on a travel advisory which advises New Zealand citizens to exercise increased caution due to an underlying threat from terrorism. Whether you're in London or Jakarta, you should always exercise caution and avoid frequenting areas locals advise you to avoid.

Besides, public transport in the region – Jakarta, Bangkok, etc – is always improving, plus there are also local versions of Grab. If you want numbers, ASEAN countries like Malaysia, Indonesia, and Laos all rank higher in terms of societal safety and security than the US and the UK on the Global Peace Index in 2018.

English may not be spoken widely outside of the office in countries like Thailand or Vietnam, but it was adopted as the only de facto working and official language in the region – in comparison, the EU recognises 24 official and working languages. Even if you need to learn a new language, it only pads your resume – this not only makes you more versatile regionally, but also internationally because global companies are always expanding in the region.

WHY SHOULD YOU LOOK TOWARDS ASEAN?

The region has an emergence of a middle class along with an improvement of living standards, which means more opportunities for innovation, civic engagement, and overall development.

According to the McKinsey & Company study, the top-performing emerging-market firms innovate more aggressively than their advanced-economy rivals: 56% of their revenue comes from new products and services, compared with 48% for firms in advanced economies.

Just take a look at Grab and Gojek – both of these were developed in Malaysia and Indonesia respectively. There is also the Asean Smart Cities Network, which is a sustainable urban development of several cities across the region using technology to improve people's lives. On a grassroots level, there are also plenty of innovative youth-driven initiatives on the quest to improve living standards.

In terms of human capital (the economic value of a worker's skill set), the ASEAN region also sees some of the biggest improvements, with Thailand (7.36), Singapore (7.35), Vietnam (7.33), and Malaysia (7.01) ahead of the US (6.5) and the UK (3.66).

On the lifestyle side, the pace of development means that there are niches in hospitality – we're talking hipster cafes and boutique hotels. It's the idea of resurrecting the old, finding the new before anybody else does – and making it the next new cultural thing.

WHAT DOES THIS MEAN?

Let's not forget that Singapore in the 80s was an emerging market – look how far we've come. China has also had a meteoric economic rise since the 90s. Imagine what you could achieve if you were there from the beginning – the lesson here is to realise that developing countries will eventually get better.

If you have experience setting up in a new market, or speak a local language, it will give you a huge leg up against your peers because it means you're adaptable, and not afraid to try new things. The question here is, are you willing to sacrifice your creature comforts to ride the wave?



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GIGS



4 Nov 2018 | 6pm
Max Pavilion@Singapore EXPO
Tickets: S\$148 - S\$388

iKON Continue Tour

Korean boy group iKON will be returning to Singapore for the third time with their 'iKON 2018 Continue Tour'. Their latest title track 'Love Scenario' reigned at No. 1 on numerous digital platforms for over 41 days (a breakthrough in the history of KPOP for a decade), and took the top spot in Billboard Korea's Chart Topper for the first half of 2018.



5 Nov 2018 | 7.30pm
Singapore Indoor Stadium
Tickets: S\$148 - S\$348

KYGO Kids in Love Tour

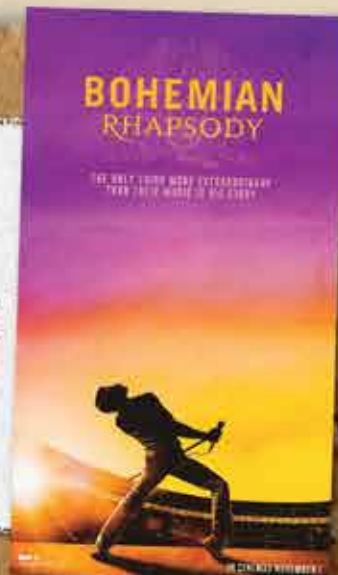
EDM superstar Kyrré Gervell-Dahl, aka KYGO, will be in Singapore for his first headlining concert, as part of his 'Kids in Love' tour. Having produced numerous hits including 'Stargazing', 'It Ain't Me' and 'Firestone', he finally brings his sold-out North American and European 'Kids in Love' tour to Asia, and Singapore marks the final stop - an ode to his birthplace.

MOVIES

Bohemian Rhapsody

(November 1)
Cast: Rami Malek, Lucy Boynton, Mike Myers

Bohemian Rhapsody tells the story of Queen - their music and their extraordinary lead singer Freddie Mercury (Malek). The film traces the meteoric rise of the band through their iconic songs and revolutionary sound. In an unexpected turn Freddie, surrounded by darker influences, shuns Queen in pursuit of his solo career. Having suffered greatly without the collaboration of Queen, Freddie manages to reunite with his bandmates just in time for Live Aid. While bravely facing a recent AIDS diagnosis, Freddie leads the band in one of the greatest performances in the history of rock music.



Fantastic Beasts: The Crimes of Grindelwald

(November 15)
Cast: Johnny Depp, Jude Law, Eddie Redmayne

The powerful Dark wizard Gellert Grindelwald (Depp) escapes custody and makes good on his threat, gathering unsuspecting followers to raise pure-blood wizards up to rule over all non-magical beings. In an effort to thwart Grindelwald's plans, Albus Dumbledore (Law) enlists his former student Newt Scamander (Redmayne), who agrees to help, unaware of the dangers that lie ahead. Lines are drawn as love and loyalty are tested, even among the truest friends and family, in an increasingly divided Wizarding World.



FESTIVALS

Culture Cartel

When: 1-2 Dec 2018
Where: P1 Pit Building
Where: S\$15 - S\$80 (VIP)

Culture Cartel comes at a time when Andy Warhol and KAWS have become household names, when a music playlist includes Beastie Boys and Post Malone, and when a sneaker collection includes everything from Air Jordans to Yeezys. Culture Cartel is set to unite the different sectors together - from art and toys to tattoo and fashion - in a convention that will showcase the best that street culture in Southeast Asia and the world has to offer. Highlights include Mighty Jaxx, Limited Edt, onewithaldrin, and more.



PRODUCTIONS



2-18 Nov | 3pm, 8pm
Drama Centre Theatre
Tickets: S\$43 - S\$98

Private Parts

Set in 1990s Singapore, Private Parts traces the misadventures of a popular talk-show host, Warren Lee, who mysteriously turns up at a sex change clinic. There, he encounters the tart-tongued Mirabella, the light-headed Lavinia and the quietly intense Edward. In a bid to boost ratings, he tries to convince them to appear on his TV show, which leads to unexpected consequences...

3-18 Nov 2018 | 1/2/6/8pm
Sands Theatre at MBS
Tickets: S\$58 - S\$188

Mamma Mia

The story and music make Mamma Mia a sunny and exhilarating smash-hit musical tale of love, friendship and identity told through the timeless hits of ABBA. Set on a Greek island paradise, the story follows Sophie's quest to discover the father she's never known, bringing her mother face to face with three men from her distant romantic past on the eve of a wedding they'll never forget!



25 Oct-18 Nov 2018
11am, 12/3/4/7:30pm
Mighty Big Top Bayfront Ave
Tickets: S\$65 - S\$155

The Great Moscow Circus

Direct from Moscow and the circus capitals of the world, The Great Moscow Circus boasts the world's most dangerous and death-defying acts, including the Wheel of Death and the Motorbike Sphere of Fear. Returning to Singapore for the first time in over 10 years, the are over 45 performers - acrobats, clowns, jugglers, daredevils - all renowned worldwide for their theatrical flair and breathtaking talents.



6-9 Dec 2018 | 1/7/8pm
Esplanade Theatre
Tickets: S\$35 - S\$75

Sleeping Beauty

A favourite timeless classic for all ages, SDT's Sleeping Beauty will warm your heart with its charming sets and grand elegance. A spell of a 100-year sleep, a charming prince, and a true love's kiss which awakens the kingdom's slumber, Sleeping Beauty is a visual spectacle of music and dance with a rich score by Peter Ilyich Tchaikovsky, featuring choreography by Marius Petipa.



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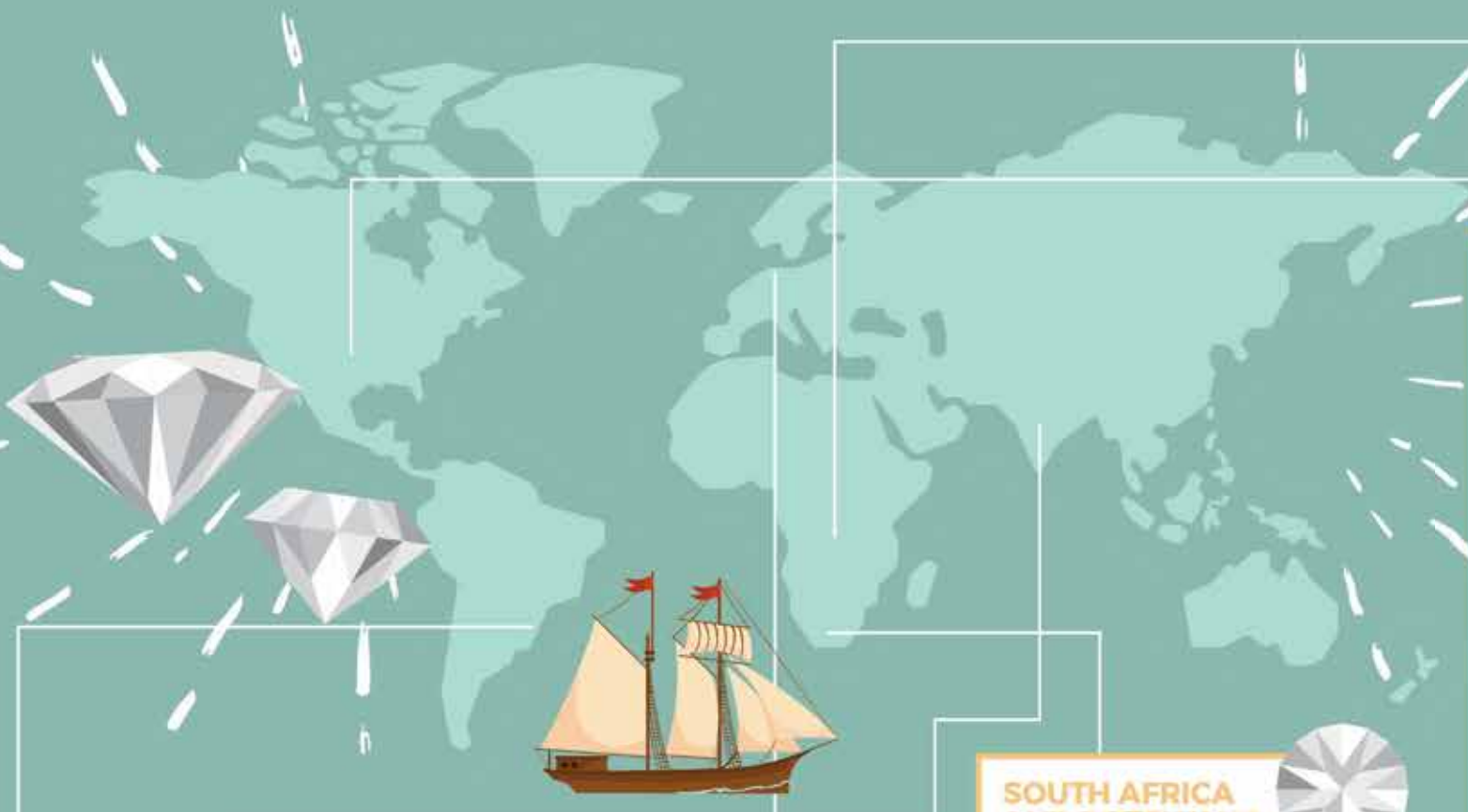
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Diamonds are forever?

A STORY THAT SPANS CONTINENTS

BY YIN LOON



INDIA: 4TH CENTURY BC

Diamonds were once gathered from the country's rivers and streams, making India the world's first producer of diamonds. The limited quantities meant that diamonds were only for the very wealthy, but gradually the diamonds made their way to Western Europe via trade caravans that travelled to Venice's medieval markets.

BRAZIL: 1700S

In the early 1700s, as India's diamond supplies began to decline, Brazil emerged as an important source. The country dominated the diamond market for more than 150 years, bringing increasing affluence to western Europe and the US.

EUROPE: 1400S TO 1700S

From here, diamonds moved onto Bruges, and then to Antwerp, which became the centre of the diamond trade in Europe. By the 1400s, diamonds became fashionable accessories for Europe's elite.

By the end of the 17th century, Amsterdam had a near monopoly on the diamond industry – while the Dutch kept the best stones for their own diamond cutters, they sent Antwerp inferior-quality rough diamonds. However, they managed to transform these rocks into fine gems, giving them a reputation as a diamond centre.

SOUTH AFRICA AND BOTSWANA: 1800S TO 1900S

The 1866 discovery of diamonds in Kimberley, South Africa really took things international. Over the next few years, South Africa yielded more diamonds than India had in over 2,000 years.

By 1888, diamonds were so prolific that they weren't considered "rare stones", so the folks behind the South African mines realised that the diamond market would be saturated if they didn't do anything about it. So they set two audacious goals.

First, they monopolised diamond production by creating the De Beers company. By 1900, it controlled an estimated 90% of the world's diamonds through its mines in South Africa. In 1982, it acquired Botswana's diamond mines, which at the time was second in the world in diamond value.

"Diamonds are a girl's best friend"

You may have heard the phrase, which was sung by Marilyn Monroe in "Gentlemen Prefer Blondes" (1953) as an ode to the world's most luxurious stone. And while diamonds today are a luxury item worldwide, the humble rock has travelled across the world over millennia as it charted its course to become the world's most popular rock for engagement rings.

A "diamond" – derived from the Greek word "adamas" meaning "unconquerable" (referring to its hardness) – is typically formed deep in the earth under extreme heat and pressure and ejected violently upward to the earth's surface. Many of our planet's diamonds also originated from space – these are deposited via asteroid impacts billions of years ago, creating diamonds called carbonado.

No matter what the source, the history of diamonds as a gem begins in Asia 2,400 years ago.

AFRICA: 1990S

Blood diamond, aka conflict diamond, was coined during the 1990s, when brutal civil wars were being waged in parts of western and central Africa by rebel groups. Diamonds mined in rebel-controlled areas were sold in the open market, with proceeds used to buy arms for the rebel groups.

Worldwide concern arose, prompting the UN Security Council to implicate De Beers (which controlled 60% of the world's diamonds) and Antwerp, world's largest diamond market, in 2000. In 2003, the Kimberley Process was developed specifically to verify whether diamonds were "conflict-free."

USA: 1900S

De Beers' second goal: stabilise the diamond market. To succeed, they had to control both supply and demand – they did the latter through an advertising agency called N.W. Ayer, who created what's possibly the world's greatest PR stunt amid a global economy that was suffering.

Europe was on the verge of war in the 1900s, so De Beers chose to market to the US. Since diamonds lose half their value once you buy them, the campaign had to keep people from reselling them, so the campaign latched onto something emotional, socially valuable, and eternal: love and marriage.

The plan was to create a situation where marriage proposals require a diamond engagement ring. During the campaign, the agency created a buzz in the media with celebrity proposals, and the now-famous slogan "diamonds are forever" was coined.

In the 1930s, the campaigns suggested spending one month's salary on an engagement ring; it was reset to two months' salary in the 1980s. The ad's tagline? "Isn't two months' salary a small price to pay for something that lasts forever?"

The "two months' salary rule" is still widely accepted in the US today, where more than 78% of engagement rings sold have diamonds. So whether you see diamonds as the biggest scam in history, or ingenious marketing, the De Beers advertising campaign was so successful, it dominated the jewellery industry for a good 80 years.

DEATH OF DIAMONDS: 2000S

Many consumers still doubted the Kimberley Process certification process, which impacted the sales of diamonds worldwide.

Today, retail sales of diamonds is slowing globally as a younger generation of consumers seem less attached to diamonds than their parents. According to research by Bank of America Merrill Lynch, millennials tend to be more value conscious, more concerned with sustainability and ethical production, and often value unique and individual products. Millennials also prefer to spend money on experiences, like travel and dining.

Because diamonds are associated with weddings, its slump can also be attributed to the fact that millennials are marrying later (or not at all). Plus, some couples are opting for more gemstone engagement rings, such as sapphires, or lab-grown diamonds.

"Diamonds are forever" may be a popular slogan that spurred a James Bond movie and a soundtrack of the same name, but with the current trajectory, how long will "forever" last?

Fun Facts

ENGAGEMENT RINGS

Betrothal rings were a symbol of commitment from Roman times – worn on the third finger (excluding thumb) of the left hand, as Romans believed that a vein in that finger (vena amoris) ran directly to the heart. Early engagement rings were made from twisted copper or braided hair. The very first diamond engagement ring was commissioned in 1477 by Archduke Maximilian of Austria for his betrothed, Mary of Burgundy.

FAMOUS DIAMONDS

THE GREAT STAR OF AFRICA:

This pear-shaped diamond is the largest cut diamond in the world, set in the Royal Scepter which is held with the other Crown Jewels in the Tower of London. This was cut from a 3,106-carat diamond called Cullinan, the largest diamond ever found.

THE ORLOFF: Believed to be the diamond eye of Vishnu's idol in a temple in India, it was stolen by a French deserter in the 1700s and sold to an English sea captain. The stone arrived in Amsterdam, where Grigori Orloff (an ex-lover of Catherine the Great) purchased it. Legend has it that when Napoleon's army advanced on Moscow in 1812 and found the diamond hidden in a priest's tomb, they were frightened away by a ghost who put a curse on the entire army. Today, the Orloff is in the Diamond Treasure of Russia.

BLUE HOPE: Named after its purchaser, Henry Hope, it's associated with bad luck. Brought to Europe from India in the late 1600s, it was stolen during the French Revolution, and sold to Hope in 1830. After inheriting the diamond, Hope's son lost the family fortune. After acquiring the diamond, an American widow lost her only child and her fortune before she committed suicide. Diamond merchant Harry Winston bought the stone in 1949, but it was put on display at the Smithsonian Institute since nobody wanted it.



A Dribble of Hot Stuff

HOT CONDIMENTS AROUND THE WORLD

HOW SPICY ARE THEY?

Chillies may be placed into five heat-ranked categories: sweet (bell peppers); mild (paprika); medium (jalapeños); hot (cayenne and Tabasco); and very hot (habañeros, Scotch bonnets and bird's eye chillies). There is a way to rate 'spiciness' via the Scoville Heat Unit (SHU), which rates the concentration of capsaicin (the compound in chillies that burn your mouth).



USA

Everybody knows about Tabasco, but this nation is actually home to more spice-loving locals than you think.



LOUISIANA HOT SAUCE LOUISIANA

Created in the same state as Tabasco, Louisiana Hot Sauce is a mild sauce made with just vinegar, salt, and long cayenne peppers, which are aged for one year. The long maturation actually takes the kick out of the peppers, and the high salt content gives it a lot of flavour.

FRANK'S REDHOT NEW YORK

Anchor Bar in Buffalo is the birthplace of the world-famous Buffalo Wings (where spiciness can go up to 'suicide' level) and Frank's Hot Sauce is the primary seasoning. Made from aged cayenne peppers, garlic powder, vinegar, paprika, and salt, it's a flavourful, tangy sauce with a kick.



SRIRACHA SAUCE CALIFORNIA

This most popular version of this sauce – nicknamed 'rooster sauce' because of its logo – is made in California out of red jalapeño peppers, distilled vinegar, garlic, sugar, and salt – which follows the original recipe for Sriracha Panich sauce from Thailand. The taste is tangy-sweet with a kick of garlic.



SOUTH AMERICA

Many South Americans really love their spice – from habañero to chipotle and jalapeño, there's no shortage of chillies to choose from.



EL YUCATERO CHILE HABANERO MEXICO

El Yucateco makes 7 types of hot sauces from different peppers including chipotle and jalapeño pepper, although their most popular is made with habañero pepper. Other ingredients include salt, acetic acid, spices, citric acid, and onion powder, creating a thick, very spicy sauce that is flavourful and tangy.

ARDE CHARAPA PERU

This hot salsa is made with just vinegar, salt, and aji charapita peppers – which is pea-sized but can set you back US\$25,000 per kilogram! Native to Peru's jungles, this tiny pepper has a strong, fruity flavour that gives the yellow-coloured salsa a tropical taste. The condiment is made with just chilli pepper pulp, vinegar, and oil.



LÉGAL MOLHO DE PIMENTA BRAZIL

This Brazilian hot sauce is made from malagueta pepper, which is the spiciest of the South American peppers. The malagueta is used in Brazilian or Portuguese cooking, especially in stew dishes and light soups. The ingredients include malagueta pepper, vegetables, vinegar, and salt, resulting in a medium, but tangy kick.



AFRICA

African cuisine is similar to Asia when it comes to its curries and spices – thanks to the influence of European explorers that helped spread the popularity of spices and herbs around the world.

AKABANGA RWANDA

The orange-coloured Akabanga chilli oil is so spicy that it's usually sold in small, plastic eyedropper bottles. Made from local Scotch bonnet peppers and vegetable oil, locals recommend starting with a few drops. While spicy, it isn't as sharp as other hot sauces and its heat doesn't linger too long.

SHU: 150,000



HARISSA TUNISIA, MOROCCO, LIBYA, ALGERIA

Resembling our sambal, harissa is a thick flavourful paste made from dried chillies like the Tunisian Baklouti or serrano peppers, and spices like cumin, caraway, and coriander, and olive oil. This condiment is used as a dip or as a sauce, and while no two bottles taste the same, they can pack a punch.



SHITO GHANA

With a base of fish or vegetable oil, this fiery sauce is made with pepper (usually dried cayenne), ginger, and ground dried fish and/or shrimp to give it umami. Normally dark in colour, it reminds you of sambal belachan with a kick. Much like harissa, no two shito are alike when it comes to consistency and spiciness.



ASIA

We Asians love a bit of kick in our foods, so it's no surprise that there is a huge variety of spicy sauces and pastes – from mild to wild – wherever you go.

SAWSAWANG SUKA (VINEGAR CHILLI)

PHILIPPINES

Made from spicy siling labuyo, a bird's eye chilli native to the Philippines, the condiment is basically a bottle of vinegar in which the chillis are immersed, and depending on the region, along with an assortment of spices. You can also get a bottle of Mama Sitas' Pure Siling Labuyo Sauce, which is a commercial blended sauce.



EUROPE

Countries like Italy and Hungary have a penchant for spicy foods, most of which are used in spicy condiments have been brought here centuries ago by spice traders.

PERI PERI PORTUGAL

Everyone knows about Nando's peri peri sauce – which is of Portuguese/South African origin. Made with African Bird's Eye Chilli (piri piri) which is native to southern Africa, the recipe for the sauce is made with garlic, vinegar, paprika, onion, salt, lemon, and piri piri. The result is a warm flavour with the heat level depending on the amount of pepper.



RED GOLD (PIROS ARANY) HUNGARY

Hungarian cuisine is famous for its heavy use of paprika, so it's no surprise that they have a hot sauce using local Hungarian peppers. The most popular spicy paste is Red Gold, which is made from just paprika and salt, and comes in Mild and Spicy versions in red tubes. This salty and slightly spicy sauce is surprisingly flavourful.



CALABRIAN CHILLI SAUCE ITALY

Italy's Calabria region is known for its spicy Calabrian peperoncino, which has a spicy, mildly fruity taste and aroma. The region produces a number of spicy pastes using Calabrian peppers that balance spicy, smoky, and salty flavours that complement many dishes, made with ingredients like vinegar, garlic, olive oil, and salt.



KOREGUSU OKINAWA, JAPAN

Koregusu is a hot chilli condiment unique to Okinawa in Japan, which is made by infusing Okinawan red chilli pepper called Shima Togarashi (which is sharp spicy) in awamori, a local spirit distilled from rice. This spicy liquid is also quite alcoholic at 20%-40%, giving it a very sharp kick, so most people only use a few drops.



LAO GAN MA CHINA

Created in 1997, it's China's biggest chilli brand (and famous rags to riches story). Lao Gan Ma is a chilli paste made with ingredients like Sichuan peppercorn, fermented soybean, salt, and some MSG for umami. The texture is rough, thanks to the abundance of crushed dried chillies, and the taste is robust but with a spicy kick.



Next time you head to these places, why not bring home a bottle of hot sauce? They make great food souvenirs that keep giving you the kick long after you leave.

Spooks in Sheets

BY NINA GAN

HAUNTED HOTELS IN ASIA

WITH MORE AND MORE OF US TRAVELLING AROUND THE WORLD, IT'S NOT A STRETCH TO SAY THAT SOME OF US HAVE ENCOUNTERED EXPERIENCES OUT OF THE NORM, ESPECIALLY WHEN IT COMES TO STRANGE OCCURRENCES IN HOTELS THAT ARE KNOWN TO ATTRACT MORE THAN JUST TOURISTS — WE'RE TALKING VISITORS FROM ANOTHER REALM. THERE ARE PLENTY OF FAMOUSLY HAUNTED HOTELS AROUND THE WORLD, AND HERE ARE SOME THAT HAVE HAD THEIR FAIR SHARE OF EERIE STORIES.



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1 ASIA HOTEL, BANGKOK

Established back in 1967, Asia Hotel is still famous for its otherworldly happenings — particularly when it comes to occupants being touched (some woke up with bruises and scratch marks) while they're on the bed, as well as hearing random laughter and crying noises. Many guests reported dimly lit corridors and rooms, as well as random sightings of apparitions and shadows. One guest's luggage was making tapping noises by itself in the middle of the night, while other guests felt their beds being shaken the moment they closed their eyes.

2 BAIYOKE SKY HOTEL, BANGKOK

At 88 floors, Baiyoke (opened in 1999) is the city's tallest hotel. The horror stories here have been attributed to the construction workers who died in a falling gondola. In addition to dimly lit corridors and bathrooms, stories include weird sounds coming from the bathtub, and random apparitions keeping watch and moving things — like chairs and notepads — around. In one case, a guest's key card went missing and found later at a strange place; in another, an extra unknown (used) toothbrush randomly appeared on the bathroom sink overnight.

3 GRAND HYATT, TAIPEI

This hotel is said to be built on a WWII prison camp, and the eerie happenings are attributed to the restless spirits. Although recently renovated, some guests reported feeling extra beings in the room — one guest reported hearing snores from a phantom, and another reported an eerie presence next to them on the bed. Others were more benign, like a random child in a corridor, a continually-flushing toilet, and make-up found in a disarray.

4 HOTEL MARROAD NARITA INTERNATIONAL, NARITA, JAPAN

Some guests complained about being kept awake at night from a leaking tap and loud footsteps from upstairs even though there was no room above. The hotel's legend may be linked to a gruesome incident in 1999 when members of a cult smuggled a very ill 66-year-old fellow member from a hospital to the hotel in order to heal him through touch. His rotting corpse was found in Room 1272 when the police were called in after the cult members repeatedly refused room service.

5 AIRBNB APARTMENT IN UENO, TOKYO, JAPAN

Renters of an apartment in Ueno had to call the owner to open the front door because it was locked — from the inside, with the security latch on. Apparently the apartment's former tenant was an 80-year-old woman who lived alone, and when she died there, her body was only discovered after 5 months. In Japan, properties where their former tenants have died of unnatural causes (suicide, neglect, murder) are called *jiko bukken*, and a law mandates that new tenants have to be notified, but this law doesn't apply to short-term rentals (yet).

6 HOTEL PRESIDENTE, MACAU

Opened in 1984, a famous story involves a guest who reported smelling perfume whenever she stepped into the bathroom, even though she didn't bring any. The next morning, her make-up was messed up despite it being neatly arranged the night before. The hotel has a gruesome history — in 1997, a man chopped up two prostitutes in this room after having sex with them, and flushed the remains down the toilet (he apparently took their heads with him upon check out).

7 GENTING HIGHLANDS, MALAYSIA

The entire resort has no shortage of horror stories, no thanks to the fact that many failed gamblers end up taking their own lives. One of the most famous of these haunted hotels is the 7,000-room First World Hotel, which is said to have an entire floor (21st floor) that the lift bypasses. Guests of various resorts here have reportedly been spooked by ghostly apparitions, experienced being pinned on the bed by unseen forces, and pranked by mischievous phantom children. One guest's voice even changed into someone else's.

STRESS RELIEF

Think you know the world? Then why not take part in our 'pin the country on the map' game? It's a fun yet educational game where you can test yourself (and your friends) on your knowledge of the world around you. If you're a geography or politics student, you should get most of this one right — it could be a question on your next exam...



PIN THE COUNTRY ON THE MAP

INSTRUCTIONS:

Cut out the markers.

Place them where you think they should be.

Check with Google Map to see if you've got the locations correct!



FILL IN A RANDOM COUNTRY FOR YOURSELF!

Azerbaijan

Czechia

Luxembourg

Macedonia

Mali

Lesotho

Djibouti

Moldova

Paraguay

Kiribati

Gambia

Seychelles

Laos

Greenland

Tajikistan

Timor Leste

HOW TO BE THE ULTIMATE TRAINING BUDDY WITH SPORTS SCIENCE



Joseph Schooling. Manchester United. Spartan Race. Ironman. Marathons. Crossfit.

If you know these names and events, then you'll know that the popularity of competitive sports – whether for athletes or everyday people – is on the rise. This means that there is huge demand for trained professionals to prevent injuries, enhance performance, or design sports programmes for the masses.

SPORTS SCIENCE TO THE RESCUE

Joseph Schooling's 2016 Olympic win was attributed to sports science – using the principles of fluid dynamics and biomechanics – to improve his technique. Students of sports science learn how to promote health and improve sports performance – physically, mentally and socially.

ECU has a number of Bachelor of Science programmes accredited by the Exercise & Sports Science Australia (ESSA):

- **Exercise and Sports Science**
- **Exercise Science and Rehabilitation**
- **Sports Science and Football**

(the only undergraduate course of its kind in Australia)

WHAT YOU WILL LEARN

ECU's curriculum teaches physiology, psychology, anatomy, nutrition and biomechanics, and equips students with the knowledge to design and evaluate programmes targeted at improving health and wellbeing.

YEAR 1

Basic anatomy, nutrition, exercise physiology and psychology

YEAR 2

Apply scientific skills to assess and monitor performance

YEAR 3

Focus on area of interest, and practicum

WHY EDITH COWAN UNIVERSITY?

BECAUSE IT IS A PRESTIGIOUS AND HIGHLY CREDIBLE INSTITUTION



ECU's Sports Science programme ranks in the world's top 20 in the 2017 Shanghai Rankings global survey of Sports Science Schools and Departments



ECU has received 5 star ratings for teaching quality & graduate satisfaction in the annual Good Universities Guide for the past 6 years



ECU is in the Top 150 Under 50 2016 – a global list of the best universities established less than 50 years ago

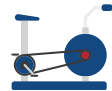


Ranked third nationally in The Good Universities Guide 2018

BECAUSE IT HAS GREAT FACILITIES AND PARTNERSHIPS



High performance sports teams choose ECU for testing, including West Coast Eagles, Perth Wildcats and many other elite athletes



ECU's multi-million dollar exercise science laboratories are among the best in the Southern Hemisphere



State-of-the-art facilities like SMART Labs, Health and Wellness Building, an award-winning library and student hub, and an outdoor cinema



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Perth was rated in the top 30 student cities in the world (QS Best Student Cities 2012-2013)

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A degree in sports science gives you many job options:
* Personal trainer * Coach * Nutritionist * Researcher
* Community fitness * Rehab facilitator * Health promoter

Private sector

Multinational gyms
Private clubs
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Government sector

Sports clubs
Community Centres
Singapore Sports Institute

SINGAPORE'S AMBITION TO BE A SPORTS NATION

Graduates with sports science qualifications will likely be increasingly in demand as Singapore strives to become a sporting nation.

The government has invested

\$100 million



into Sport Singapore's High Performance Sports (HPS) system to support our athletes

From 2018, O-Level Physical Education will be replaced by Sports Science which looks into various aspects of sports including sports psychology



\$50 million

has been set aside by the government to support community sports to make it easier for people to participate in sports



"I chose ECU because they have a very renowned Sports Science degree and offers many pathways to accreditations like Exercise Rehabilitation. The facilities and equipment at ECU are very extensive and up-to-date. The teaching and support staff are very knowledgeable and resourceful."

Alvin Goh, Bachelor of Science (Exercise and Sports Science) student



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